

# Mond- und Dämmerungstabelle 2023

für die visuelle Deep-Sky-Beobachtung

Detmold 51.9333° N 8.8833° E

Berechnung: pyEphem  
Textsatz: L<sup>A</sup>T<sub>E</sub>X

## Atmosphären-Einstellungen in pyEphem

Standort.pressure = 1010.0  
Standort.horizon = '0:00:00.0'

Alle Zeitangaben beziehen sich auf den in der jeweiligen Zeile angegeben Kalendertag. Liegt ein Ereignis bereits nach Mitternacht, also schon am Folgetag, ist die Zeitangabe mit einem \* gekennzeichnet, z.B.: 00:20\*.

**Spalte 1** Kalendertag.

**Spalte 2** Bei »MESZ« sind alle Zeitangaben in dieser Zeile in Mitteleuropäischer Sommerzeit, ansonsten standardmäßig in MEZ.

**Spalte 3** Die für Deep-Sky-Beobachtungen nutzbare Zeitspanne: Es ist astronomisch dunkel (Sonne steht tiefer als  $-18^\circ$ ) und kein Mond stört.

**Spalte 4** Dauer der für Deep-Sky-Beobachtungen nutzbaren Zeitspanne.

**Spalte 5** Ereignisse, die die für Deep-Sky-Beobachtungen nutzbare Zeitspanne begrenzen: AN<sub>+</sub> (Einbruch der astronomischen Nacht = Ende der astr. Abenddämmerung), M<sub>v</sub> (Monduntergang), AN<sub>-</sub> (Ende der astronomischen Nacht = Beginn der astr. Morgendämmerung), M<sub>7</sub>

(Mondaufgang), Astr. MD (Astronomische Mitternachtsdämmerung), Naut. MD (Nautische Mitternachtsdämmerung).

**Spalte 6** Mondphase.

**Spalte 7** Mondaufgang.

**Spalte 8** Monduntergang.

**Spalte 9** Beginn der astr. Morgendämmerung (Sonnenhöhe =  $-18^\circ$ ).

**Spalte 10** Dauer der astr. Morgendämmerung.

**Spalte 11** Beginn der naut. Morgendämmerung (Sonnenhöhe =  $-12^\circ$ ).

**Spalte 12** Dauer der naut. Morgendämmerung.

**Spalte 13** Beginn der bürg. Morgendämmerung (Sonnenhöhe =  $-6^\circ$ ).

**Spalte 14** Dauer der bürg. Morgendämmerung.

**Spalte 15** Sonnenaufgang.

**Spalte 16** Taglänge.

**Spalte 17** Sonnenuntergang.

**Spalte 18** Dauer der bürg. Abenddämmerung.

**Spalte 19** Ende der bürg. Abenddämmerung (Sonnenhöhe =  $-6^\circ$ ).

**Spalte 20** Dauer der naut. Abenddämmerung.

**Spalte 21** Ende der naut. Abenddämmerung (Sonnenhöhe =  $-12^\circ$ ).

**Spalte 22** Dauer der astr. Abenddämmerung.

**Spalte 23** Ende der astr. Abenddämmerung (Sonnenhöhe =  $-18^\circ$ ).

**Spalte 24** Länge der Nacht.

**Spalte 25** Länge der astr. Nacht.

**Für Beobachter, die zu Zeiten der Mitternachtsdämmerung während der astr. Dämmerung beobachten möchten:**

**Spalte 26** Nutzbare Zeitspanne: Es ist »nautisch dunkel« (Sonne steht tiefer als  $-12^\circ$ ) und kein Mond stört.

**Spalte 27** Dauer der in Spalte 26 angegebenen Zeitspanne.

**Spalte 28** Ereignisse, die die nutzbare Zeitspanne begrenzen: ND<sub>+</sub> (Beginn der »naut. Dunkelheit« = Ende der naut. Abenddämmerung), M<sub>v</sub> (Monduntergang), ND<sub>-</sub> (Ende der »naut. Dunkelheit« = Beginn der naut. Morgendämmerung), M<sub>7</sub> (Mondaufgang), Naut. MD (Nautische Mitternachtsdämmerung).

**Spalte 29** Identisch zu Spalte 1.

| 1           | 2             | 3                          | 4          | 5                                   | 6    | 7          | 8          | 9                          | 10         | 11    | 12         | 13    | 14         | 15         | 16         | 17                      | 18         | 19    | 20         | 21    | 22         | 23       | 24                         | 25         | 26 | 27         | 28 | 29          |
|-------------|---------------|----------------------------|------------|-------------------------------------|------|------------|------------|----------------------------|------------|-------|------------|-------|------------|------------|------------|-------------------------|------------|-------|------------|-------|------------|----------|----------------------------|------------|----|------------|----|-------------|
| 2023        | Zeit-<br>zone | Astr. dunkel und kein Mond |            |                                     | Mond |            |            | Beginn der Morgendämmerung |            |       |            |       | Sonne      |            |            | Ende der Abenddämmerung |            |       |            |       | Nacht      | Astr. N. | Naut. dunkel und kein Mond |            |    | 2023       |    |             |
|             |               |                            | $\Delta t$ |                                     | Ph.  | $\nearrow$ | $\searrow$ | Astr.                      | $\Delta t$ | Naut. | $\Delta t$ | Bürg. | $\Delta t$ | $\nearrow$ | $\Delta t$ | $\searrow$              | $\Delta t$ | Bürg. | $\Delta t$ | Naut. | $\Delta t$ | Astr.    | $\Delta t$                 | $\Delta t$ |    | $\Delta t$ |    |             |
| So, 1. Jan  |               | 04:15* - 06:25*            | 2h 10m     | M <sub>\</sub> bis AN <sub>-</sub>  |      | 12:53      | 02:58      | 06:25                      | 40m        | 07:06 | 42m        | 07:48 | 42m        | 08:31      | 7h 52m     | 16:24                   | 42m        | 17:07 | 42m        | 17:49 | 40m        | 18:30    | 16h 07m                    | 11h 55m    |    |            |    | So, 1. Jan  |
| Mo, 2. Jan  |               | 05:31* - 06:25*            | 53m        | M <sub>\</sub> bis AN <sub>-</sub>  |      | 13:10      | 04:15      | 06:25                      | 40m        | 07:06 | 42m        | 07:48 | 42m        | 08:31      | 7h 53m     | 16:25                   | 42m        | 17:08 | 42m        | 17:50 | 40m        | 18:31    | 16h 06m                    | 11h 54m    |    |            |    | Mo, 2. Jan  |
| Di, 3. Jan  |               | —:—:—:—                    | —          | Mond stört                          |      | 13:31      | 05:31      | 06:25                      | 40m        | 07:06 | 42m        | 07:48 | 42m        | 08:31      | 7h 54m     | 16:26                   | 42m        | 17:09 | 42m        | 17:51 | 40m        | 18:32    | 16h 04m                    | 11h 53m    |    |            |    | Di, 3. Jan  |
| Mi, 4. Jan  |               | —:—:—:—                    | —          | Mond stört                          |      | 14:00      | 06:44      | 06:25                      | 40m        | 07:06 | 42m        | 07:48 | 42m        | 08:31      | 7h 56m     | 16:27                   | 42m        | 17:10 | 42m        | 17:52 | 40m        | 18:33    | 16h 03m                    | 11h 52m    |    |            |    | Mi, 4. Jan  |
| Do, 5. Jan  |               | —:—:—:—                    | —          | Mond stört                          |      | 14:39      | 07:50      | 06:25                      | 40m        | 07:06 | 42m        | 07:48 | 42m        | 08:30      | 7h 57m     | 16:28                   | 42m        | 17:11 | 42m        | 17:53 | 40m        | 18:34    | 16h 01m                    | 11h 50m    |    |            |    | Do, 5. Jan  |
| Fr, 6. Jan  |               | —:~:~:~:~                  | —          | Mond stört                          |      | 15:30      | 08:46      | 06:25                      | 40m        | 07:06 | 42m        | 07:48 | 42m        | 08:30      | 7h 59m     | 16:29                   | 42m        | 17:12 | 42m        | 17:54 | 40m        | 18:35    | 16h 00m                    | 11h 49m    |    |            |    | Fr, 6. Jan  |
| Sa, 7. Jan  |               | —:~:~:~:~                  | —          | Mond stört                          | ○    | 16:32      | 09:29      | 06:25                      | 40m        | 07:05 | 42m        | 07:47 | 42m        | 08:30      | 8h 01m     | 16:31                   | 42m        | 17:13 | 42m        | 17:55 | 40m        | 18:36    | 15h 58m                    | 11h 48m    |    |            |    | Sa, 7. Jan  |
| So, 8. Jan  |               | —:~:~:~:~                  | —          | Mond stört                          |      | 17:41      | 10:01      | 06:24                      | 40m        | 07:05 | 41m        | 07:47 | 42m        | 08:29      | 8h 02m     | 16:32                   | 42m        | 17:14 | 41m        | 17:56 | 40m        | 18:37    | 15h 56m                    | 11h 47m    |    |            |    | So, 8. Jan  |
| Mo, 9. Jan  |               | 18:38 - 18:53              | 15m        | AN <sub>+</sub> bis M <sub>7</sub>  |      | 18:53      | 10:24      | 06:24                      | 40m        | 07:05 | 41m        | 07:47 | 42m        | 08:29      | 8h 04m     | 16:33                   | 42m        | 17:16 | 41m        | 17:57 | 40m        | 18:38    | 15h 54m                    | 11h 45m    |    |            |    | Mo, 9. Jan  |
| Di, 10. Jan |               | 18:39 - 20:06              | 1h 26m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | 20:06      | 10:41      | 06:24                      | 40m        | 07:04 | 41m        | 07:46 | 41m        | 08:28      | 8h 06m     | 16:35                   | 42m        | 17:17 | 41m        | 17:59 | 40m        | 18:39    | 15h 52m                    | 11h 44m    |    |            |    | Di, 10. Jan |
| Mi, 11. Jan |               | 18:40 - 21:18              | 2h 37m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | 21:18      | 10:55      | 06:23                      | 40m        | 07:04 | 41m        | 07:46 | 41m        | 08:28      | 8h 08m     | 16:36                   | 41m        | 17:18 | 41m        | 18:00 | 40m        | 18:40    | 15h 50m                    | 11h 42m    |    |            |    | Mi, 11. Jan |
| Do, 12. Jan |               | 18:42 - 22:29              | 3h 47m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | 22:29      | 11:07      | 06:23                      | 40m        | 07:03 | 41m        | 07:45 | 41m        | 08:27      | 8h 10m     | 16:38                   | 41m        | 17:20 | 41m        | 18:01 | 40m        | 18:42    | 15h 48m                    | 11h 40m    |    |            |    | Do, 12. Jan |
| Fr, 13. Jan |               | 18:43 - 23:42              | 4h 58m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | 23:42      | 11:18      | 06:23                      | 40m        | 07:03 | 41m        | 07:45 | 41m        | 08:26      | 8h 13m     | 16:39                   | 41m        | 17:21 | 41m        | 18:02 | 40m        | 18:43    | 15h 46m                    | 11h 39m    |    |            |    | Fr, 13. Jan |
| Sa, 14. Jan |               | 18:44 - 00:57*             | 6h 12m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | —:—        | 11:29      | 06:22                      | 40m        | 07:02 | 41m        | 07:44 | 41m        | 08:25      | 8h 15m     | 16:41                   | 41m        | 17:22 | 41m        | 18:04 | 40m        | 18:44    | 15h 43m                    | 11h 37m    |    |            |    | Sa, 14. Jan |
| So, 15. Jan |               | 18:45 - 02:16*             | 7h 30m     | AN <sub>+</sub> bis M <sub>7</sub>  | ●    | 00:57      | 11:41      | 06:22                      | 40m        | 07:02 | 41m        | 07:43 | 41m        | 08:25      | 8h 17m     | 16:42                   | 41m        | 17:24 | 41m        | 18:05 | 40m        | 18:45    | 15h 41m                    | 11h 35m    |    |            |    | So, 15. Jan |
| Mo, 16. Jan |               | 18:47 - 03:39*             | 8h 52m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | 02:16      | 11:56      | 06:21                      | 40m        | 07:01 | 41m        | 07:42 | 41m        | 08:24      | 8h 20m     | 16:44                   | 41m        | 17:25 | 41m        | 18:06 | 40m        | 18:47    | 15h 38m                    | 11h 33m    |    |            |    | Mo, 16. Jan |
| Di, 17. Jan |               | 18:48 - 05:06*             | 10h 18m    | AN <sub>+</sub> bis M <sub>7</sub>  |      | 03:39      | 12:16      | 06:20                      | 40m        | 07:01 | 41m        | 07:42 | 41m        | 08:23      | 8h 22m     | 16:46                   | 41m        | 17:27 | 41m        | 18:08 | 40m        | 18:48    | 15h 36m                    | 11h 31m    |    |            |    | Di, 17. Jan |
| Mi, 18. Jan |               | 18:49 - 06:19*             | 11h 29m    | AN <sub>+</sub> bis AN <sub>-</sub> |      | 05:06      | 12:45      | 06:20                      | 40m        | 07:00 | 41m        | 07:41 | 40m        | 08:22      | 8h 25m     | 16:47                   | 40m        | 17:28 | 41m        | 18:09 | 40m        | 18:49    | 15h 33m                    | 11h 29m    |    |            |    | Mi, 18. Jan |
| Do, 19. Jan |               | 18:51 - 06:18*             | 11h 27m    | AN <sub>+</sub> bis AN <sub>-</sub> |      | 06:32      | 13:27      | 06:19                      | 40m        | 06:59 | 41m        | 07:40 | 40m        | 08:21      | 8h 28m     | 16:49                   | 40m        | 17:30 | 41m        | 18:11 | 40m        | 18:51    | 15h 30m                    | 11h 27m    |    |            |    | Do, 19. Jan |
| Fr, 20. Jan |               | 18:52 - 06:17*             | 11h 25m    | AN <sub>+</sub> bis AN <sub>-</sub> |      | 07:46      | 14:31      | 06:18                      | 40m        | 06:58 | 40m        | 07:39 | 40m        | 08:20      | 8h 30m     | 16:51                   | 40m        | 17:31 | 40m        | 18:12 | 40m        | 18:52    | 15h 28m                    | 11h 25m    |    |            |    | Fr, 20. Jan |
| Sa, 21. Jan |               | 18:54 - 06:17*             | 11h 23m    | AN <sub>+</sub> bis AN <sub>-</sub> | ●    | 08:42      | 15:54      | 06:17                      | 39m        | 06:57 | 40m        | 07:38 | 40m        | 08:19      | 8h 33m     | 16:52                   | 40m        | 17:33 | 40m        | 18:14 | 39m        | 18:54    | 15h 25m                    | 11h 23m    |    |            |    | Sa, 21. Jan |
| So, 22. Jan |               | 18:55 - 06:16*             | 11h 20m    | AN <sub>+</sub> bis AN <sub>-</sub> |      | 09:20      | 17:28      | 06:17                      | 39m        | 06:56 | 40m        | 07:37 | 40m        | 08:17      | 8h 36m     | 16:54                   | 40m        | 17:34 | 40m        | 18:15 | 39m        | 18:55    | 15h 22m                    | 11h 20m    |    |            |    | So, 22. Jan |
| Mo, 23. Jan |               | 19:04 - 06:15*             | 11h 10m    | M <sub>\</sub> bis AN <sub>-</sub>  |      | 09:46      | 19:04      | 06:16                      | 39m        | 06:56 | 40m        | 07:36 | 40m        | 08:16      | 8h 39m     | 16:56                   | 40m        | 17:36 | 40m        | 18:16 | 39m        | 18:56    | 15h 19m                    | 11h 18m    |    |            |    | Mo, 23. Jan |
| Di, 24. Jan |               | 20:35 - 06:14*             | 9h 38m     | M <sub>\</sub> bis AN <sub>-</sub>  |      | 10:05      | 20:35      | 06:15                      | 39m        | 06:55 | 40m        | 07:35 | 40m        | 08:15      | 8h 42m     | 16:57                   | 40m        | 17:37 | 40m        | 18:18 | 39m        | 18:58    | 15h 16m                    | 11h 15m    |    |            |    | Di, 24. Jan |
| Mi, 25. Jan |               | 22:02 - 06:13*             | 8h 11m     | M <sub>\</sub> bis AN <sub>-</sub>  |      | 10:20      | 22:02      | 06:14                      | 39m        | 06:53 | 40m        | 07:34 | 39m        | 08:14      | 8h 45m     | 16:59                   | 39m        | 17:39 | 40m        | 18:20 | 39m        | 18:59    | 15h 13m                    | 11h 13m    |    |            |    | Mi, 25. Jan |
| Do, 26. Jan |               | 23:24 - 06:12*             | 6h 47m     | M <sub>\</sub> bis AN <sub>-</sub>  |      | 10:33      | 23:24      | 06:13                      | 39m        | 06:52 | 40m        | 07:33 | 39m        | 08:12      | 8h 48m     | 17:01                   | 39m        | 17:41 | 40m        | 18:21 | 39m        | 19:01    | 15h 10m                    | 11h 10m    |    |            |    | Do, 26. Jan |
| Fr, 27. Jan |               | 00:45* - 06:11*            | 5h 26m     | M <sub>\</sub> bis AN <sub>-</sub>  |      | 10:46      | —:—        | 06:12                      | 39m        | 06:51 | 40m        | 07:32 | 39m        | 08:11      | 8h 51m     | 17:03                   | 39m        | 17:42 | 40m        | 18:23 | 39m        | 19:02    | 15h 06m                    | 11h 08m    |    |            |    | Fr, 27. Jan |
| Sa, 28. Jan |               | 02:03* - 06:09*            | 4h 06m     | M <sub>\</sub> bis AN <sub>-</sub>  | ●    | 10:59      | 00:45      | 06:11                      | 39m        | 06:50 | 40m        | 07:30 | 39m        | 08:10      | 8h 54m     | 17:05                   | 39m        | 17:44 | 40m        | 18:24 | 39m        | 19:04    | 15h 03m                    | 11h 05m    |    |            |    | Sa, 28. Jan |
| So, 29. Jan |               | 03:21* - 06:08*            | 2h 47m     | M <sub>\</sub> bis AN <sub>-</sub>  |      | 11:15      | 02:03      | 06:09                      | 39m        | 06:49 | 40m        | 07:29 | 39m        | 08:08      | 8h 58m     | 17:06                   | 39m        | 17:46 | 40m        | 18:26 | 39m        | 19:05    | 15h 00m                    | 11h 03m    |    |            |    | So, 29. Jan |
| Mo, 30. Jan |               | 04:36* - 06:07*            | 1h 31m     | M <sub>\</sub> bis AN <sub>-</sub>  |      | 11:35      | 03:21      | 06:08                      | 39m        | 06:48 | 39m        | 07:28 | 39m        | 08:07      | 9h 01m     | 17:08                   | 39m        | 17:47 | 39m        | 18:27 | 39m        | 19:07    | 14h 57m                    | 11h 00m    |    |            |    | Mo, 30. Jan |
| Di, 31. Jan |               | 05:44* - 06:06*            | 21m        | M <sub>\</sub> bis AN <sub>-</sub>  |      | 12:01      | 04:36      | 06:07                      | 39m        | 06:46 | 39m        | 07:26 | 38m        | 08:05      | 9h 04m     | 17:10                   | 39m        | 17:49 | 39m        | 18:29 | 39m        | 19:08    | 14h 53m                    | 10h 57m    |    |            |    | Di, 31. Jan |
| Mi, 1. Feb  |               | —:~:~:~:~                  | —          | Mond stört                          |      | 12:37      | 05:44      | 06:06                      | 39m        | 06:45 | 39m        | 07:25 | 38m        | 08:04      | 9h 08m     | 17:12                   | 38m        | 17:51 | 39m        | 18:30 | 39m        | 19:10    | 14h 50m                    | 10h 54m    |    |            |    | Mi, 1. Feb  |
| Do, 2. Feb  |               | —:~:~:~:~                  | —          | Mond stört                          |      | 13:24      | 06:43      | 06:05                      | 39m        | 06:44 | 39m        | 07:23 | 38m        | 08:02      | 9h 11m     | 17:14                   | 38m        | 17:52 | 39m        | 18:32 | 39m        | 19:11    | 14h 46m                    | 10h 51m    |    |            |    | Do, 2. Feb  |
| Fr, 3. Feb  |               | —:~:~:~:~                  | —          | Mond stört                          |      | 14:23      | 07:29      | 06:03                      | 39m        | 06:42 | 39m        | 07:22 | 38m        | 08:01      | 9h 14m     | 17:16                   | 38m        | 17:54 | 39m        | 18:34 | 39m        | 19:13    | 14h 43m                    | 10h 48m    |    |            |    | Fr, 3. Feb  |
| Sa, 4. Feb  |               | —:~:~:~:~                  | —          | Mond stört                          |      | 15:30      | 08:04      | 06:02                      | 39m        | 06:41 | 39m        | 07:21 | 38m        | 07:59      | 9h 18m     | 17:17                   | 38m        | 17:56 | 39m        | 18:35 | 39m        | 19:15    | 14h 39m                    | 10h 45m    |    |            |    | Sa, 4. Feb  |
| So, 5. Feb  |               | —:~:~:~:~                  | —          | Mond stört                          | ○    | 16:42      | 08:29      | 06:00                      | 39m        | 06:40 | 39m        | 07:19 | 38m        | 07:57      | 9h 21m     | 17:19                   | 38m        | 17:58 | 39m        | 18:37 | 39m        | 19:16    | 14h 36m                    | 10h 42m    |    |            |    | So, 5. Feb  |
| Mo, 6. Feb  |               | —:~:~:~:~                  | —          | Mond stört                          |      | 17:55      | 08:48      | 05:59                      | 39m        | 06:38 | 39m        | 07:17 | 38m        | 07:56      | 9h 25m     | 17:21                   | 38m        | 17:59 | 39m        | 18:39 | 39m        | 19:18    | 14h 32m                    | 10h 39m    |    |            |    | Mo, 6. Feb  |
| Di, 7. Feb  |               | —:~:~:~:~                  | —          | Mond stört                          |      | 19:08      | 09:03      | 05:58                      | 39m        | 06:37 | 39m        | 07:16 | 38m        | 07:54      | 9h 29m     | 17:23                   | 38m        | 18:01 | 39m        | 18:40 | 39m        | 19:19    | 14h 29m                    | 10h 36m    |    |            |    | Di, 7. Feb  |
| Mi, 8. Feb  |               | 19:21 - 20:20              | 58m        | AN <sub>+</sub> bis M <sub>7</sub>  |      | 20:20      | 09:15      | 05:56                      | 39m        | 06:35 | 39m        | 07:14 | 37m        | 07:52      | 9h 32m     | 17:25                   | 37m        | 18:03 | 39m        | 18:42 | 39m        | 19:21    | 14h 25m                    | 10h 33m    |    |            |    | Mi, 8. Feb  |
| Do, 9. Feb  |               | 19:23 - 21:32              | 2h 09m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | 21:32      | 09:26      | 05:54                      | 39m        | 06:33 | 39m        | 07:13 | 37m        | 07:50      | 9h 36m     | 17:27                   | 37m        | 18:04 | 39m        | 18:44 | 39m        | 19:23    | 14h 21m                    | 10h 30m    |    |            |    | Do, 9. Feb  |
| Fr, 10. Feb |               | 19:24 - 22:45              | 3h 20m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | 22:45      | 09:36      | 05:53                      | 39m        | 06:32 | 38m        | 07:11 | 37m        | 07:48      | 9h 40m     | 17:29                   | 37m        | 18:06 | 39m        | 18:45 | 39m        | 19:24    | 14h 18m                    | 10h 26m    |    |            |    | Fr, 10. Feb |
| Sa, 11. Feb |               | 19:26 - 00:01*             | 4h 35m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | —:—        | 09:48      | 05:51                      | 38m        | 06:30 | 38m        | 07:09 | 37m        | 07:47      | 9h 43m     | 17:30                   | 37m        | 18:08 | 38m        | 18:47 | 39m        | 19:26    | 14h 14m                    | 10h 23m    |    |            |    | Sa, 11. Feb |
| So, 12. Feb |               | 19:28 - 01:21*             | 5h 53m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | 00:01      | 10:01      | 05:50                      | 38m        | 06:29 | 38m        | 07:07 | 37m        | 07:45      | 9h 47m     | 17:32</                 |            |       |            |       |            |          |                            |            |    |            |    |             |

| 1           | 2             | 3                          | 4          | 5                                   | 6    | 7          | 8          | 9                          | 10         | 11    | 12         | 13    | 14         | 15         | 16         | 17                      | 18         | 19    | 20         | 21    | 22         | 23       | 24                         | 25         | 26 | 27         | 28 | 29          |
|-------------|---------------|----------------------------|------------|-------------------------------------|------|------------|------------|----------------------------|------------|-------|------------|-------|------------|------------|------------|-------------------------|------------|-------|------------|-------|------------|----------|----------------------------|------------|----|------------|----|-------------|
| 2023        | Zeit-<br>zone | Astr. dunkel und kein Mond |            |                                     | Mond |            |            | Beginn der Morgendämmerung |            |       |            |       | Sonne      |            |            | Ende der Abenddämmerung |            |       |            |       | Nacht      | Astr. N. | Naut. dunkel und kein Mond |            |    | 2023       |    |             |
|             |               |                            | $\Delta t$ |                                     | Ph.  | $\nearrow$ | $\searrow$ | Astr.                      | $\Delta t$ | Naut. | $\Delta t$ | Bürg. | $\Delta t$ | $\nearrow$ | $\Delta t$ | $\searrow$              | $\Delta t$ | Bürg. | $\Delta t$ | Naut. | $\Delta t$ | Astr.    | $\Delta t$                 | $\Delta t$ |    | $\Delta t$ |    |             |
| Mo, 20. Feb |               | 19:41 – 05:33*             | 9h 52m     | AN <sub>+</sub> bis AN <sub>-</sub> | ●    | 08:07      | 17:58      | 05:35                      | 38m        | 06:14 | 38m        | 06:53 | 36m        | 07:29      | 10h 17m    | 17:47                   | 36m        | 18:24 | 38m        | 19:02 | 39m        | 19:41    | 13h 40m                    | 9h 52m     |    |            |    | Mo, 20. Feb |
| Di, 21. Feb |               | 19:43 – 05:31*             | 9h 48m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 08:23      | 19:29      | 05:33                      | 38m        | 06:12 | 38m        | 06:51 | 36m        | 07:27      | 10h 21m    | 17:49                   | 36m        | 18:25 | 38m        | 19:04 | 39m        | 19:43    | 13h 36m                    | 9h 48m     |    |            |    | Di, 21. Feb |
| Mi, 22. Feb |               | 20:57 – 05:29*             | 8h 32m     | M <sub>\</sub> bis AN <sub>-</sub>  |      | 08:37      | 20:57      | 05:31                      | 38m        | 06:10 | 38m        | 06:49 | 36m        | 07:25      | 10h 25m    | 17:51                   | 36m        | 18:27 | 38m        | 19:06 | 39m        | 19:45    | 13h 32m                    | 9h 44m     |    |            |    | Mi, 22. Feb |
| Do, 23. Feb |               | 22:21 – 05:27*             | 7h 06m     | M <sub>\</sub> bis AN <sub>-</sub>  |      | 08:50      | 22:21      | 05:29                      | 38m        | 06:08 | 38m        | 06:47 | 36m        | 07:23      | 10h 29m    | 17:53                   | 36m        | 18:29 | 38m        | 19:07 | 39m        | 19:46    | 13h 28m                    | 9h 40m     |    |            |    | Do, 23. Feb |
| Fr, 24. Feb |               | 23:44 – 05:25*             | 5h 41m     | M <sub>\</sub> bis AN <sub>-</sub>  |      | 09:03      | 23:44      | 05:27                      | 38m        | 06:06 | 38m        | 06:45 | 36m        | 07:21      | 10h 33m    | 17:54                   | 36m        | 18:31 | 38m        | 19:09 | 39m        | 19:48    | 13h 24m                    | 9h 37m     |    |            |    | Fr, 24. Feb |
| Sa, 25. Feb |               | 01:04* – 05:23*            | 4h 18m     | M <sub>\</sub> bis AN <sub>-</sub>  |      | 09:18      | —:—        | 05:25                      | 39m        | 06:04 | 38m        | 06:43 | 36m        | 07:19      | 10h 37m    | 17:56                   | 36m        | 18:32 | 38m        | 19:11 | 39m        | 19:50    | 13h 20m                    | 9h 33m     |    |            |    | Sa, 25. Feb |
| So, 26. Feb |               | 02:23* – 05:21*            | 2h 58m     | M <sub>\</sub> bis AN <sub>-</sub>  |      | 09:37      | 01:04      | 05:23                      | 39m        | 06:02 | 38m        | 06:40 | 36m        | 07:17      | 10h 41m    | 17:58                   | 36m        | 18:34 | 38m        | 19:12 | 39m        | 19:52    | 13h 16m                    | 9h 29m     |    |            |    | So, 26. Feb |
| Mo, 27. Feb |               | 03:35* – 05:19*            | 1h 43m     | M <sub>\</sub> bis AN <sub>-</sub>  | ◐    | 10:01      | 02:23      | 05:21                      | 39m        | 06:00 | 38m        | 06:38 | 36m        | 07:14      | 10h 45m    | 18:00                   | 36m        | 18:36 | 38m        | 19:14 | 39m        | 19:53    | 13h 12m                    | 9h 25m     |    |            |    | Mo, 27. Feb |
| Di, 28. Feb |               | 04:38* – 05:17*            | 38m        | M <sub>\</sub> bis AN <sub>-</sub>  |      | 10:34      | 03:35      | 05:19                      | 39m        | 05:58 | 38m        | 06:36 | 35m        | 07:12      | 10h 49m    | 18:02                   | 36m        | 18:38 | 38m        | 19:16 | 39m        | 19:55    | 13h 08m                    | 9h 21m     |    |            |    | Di, 28. Feb |
| Mi, 1. Mär  |               | —:—:—:—                    | –          | Mond stört                          |      | 11:17      | 04:38      | 05:17                      | 39m        | 05:56 | 38m        | 06:34 | 35m        | 07:10      | 10h 53m    | 18:03                   | 36m        | 18:39 | 38m        | 19:18 | 39m        | 19:57    | 13h 04m                    | 9h 17m     |    |            |    | Mi, 1. Mär  |
| Do, 2. Mär  |               | —:—:—:—                    | –          | Mond stört                          |      | 12:13      | 05:29      | 05:15                      | 39m        | 05:54 | 38m        | 06:32 | 35m        | 07:08      | 10h 57m    | 18:05                   | 35m        | 18:41 | 38m        | 19:19 | 39m        | 19:59    | 13h 00m                    | 9h 13m     |    |            |    | Do, 2. Mär  |
| Fr, 3. Mär  |               | —:—:~:~:~                  | –          | Mond stört                          |      | 13:18      | 06:07      | 05:12                      | 39m        | 05:52 | 38m        | 06:30 | 35m        | 07:06      | 11h 01m    | 18:07                   | 35m        | 18:43 | 38m        | 19:21 | 39m        | 20:01    | 12h 56m                    | 9h 09m     |    |            |    | Fr, 3. Mär  |
| Sa, 4. Mär  |               | —:~:~:~:~                  | –          | Mond stört                          |      | 14:29      | 06:35      | 05:10                      | 39m        | 05:50 | 38m        | 06:28 | 35m        | 07:04      | 11h 05m    | 18:09                   | 35m        | 18:45 | 38m        | 19:23 | 39m        | 20:03    | 12h 52m                    | 9h 05m     |    |            |    | Sa, 4. Mär  |
| So, 5. Mär  |               | —:~:~:~:~                  | –          | Mond stört                          |      | 15:43      | 06:55      | 05:08                      | 39m        | 05:47 | 38m        | 06:26 | 35m        | 07:01      | 11h 09m    | 18:11                   | 35m        | 18:46 | 38m        | 19:25 | 39m        | 20:04    | 12h 48m                    | 9h 01m     |    |            |    | So, 5. Mär  |
| Mo, 6. Mär  |               | —:~:~:~:~                  | –          | Mond stört                          |      | 16:56      | 07:10      | 05:06                      | 39m        | 05:45 | 38m        | 06:23 | 35m        | 06:59      | 11h 13m    | 18:12                   | 35m        | 18:48 | 38m        | 19:26 | 39m        | 20:06    | 12h 44m                    | 8h 57m     |    |            |    | Mo, 6. Mär  |
| Di, 7. Mär  |               | —:~:~:~:~                  | –          | Mond stört                          | ○    | 18:09      | 07:23      | 05:03                      | 39m        | 05:43 | 38m        | 06:21 | 35m        | 06:57      | 11h 17m    | 18:14                   | 35m        | 18:50 | 38m        | 19:28 | 39m        | 20:08    | 12h 40m                    | 8h 52m     |    |            |    | Di, 7. Mär  |
| Mi, 8. Mär  |               | —:~:~:~:~                  | –          | Mond stört                          |      | 19:22      | 07:34      | 05:01                      | 39m        | 05:41 | 38m        | 06:19 | 35m        | 06:55      | 11h 21m    | 18:16                   | 35m        | 18:52 | 38m        | 19:30 | 39m        | 20:10    | 12h 36m                    | 8h 48m     |    |            |    | Mi, 8. Mär  |
| Do, 9. Mär  |               | 20:12 – 20:35              | 23m        | AN <sub>+</sub> bis M <sub>7</sub>  |      | 20:35      | 07:45      | 04:59                      | 39m        | 05:38 | 38m        | 06:17 | 35m        | 06:52      | 11h 25m    | 18:18                   | 35m        | 18:53 | 38m        | 19:32 | 39m        | 20:12    | 12h 32m                    | 8h 44m     |    |            |    | Do, 9. Mär  |
| Fr, 10. Mär |               | 20:14 – 21:51              | 1h 37m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | 21:51      | 07:56      | 04:56                      | 39m        | 05:36 | 38m        | 06:14 | 35m        | 06:50      | 11h 29m    | 18:19                   | 35m        | 18:55 | 38m        | 19:34 | 40m        | 20:14    | 12h 28m                    | 8h 40m     |    |            |    | Fr, 10. Mär |
| Sa, 11. Mär |               | 20:16 – 23:10              | 2h 54m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | 23:10      | 08:08      | 04:54                      | 40m        | 05:34 | 38m        | 06:12 | 35m        | 06:48      | 11h 33m    | 18:21                   | 35m        | 18:57 | 38m        | 19:35 | 40m        | 20:16    | 12h 24m                    | 8h 35m     |    |            |    | Sa, 11. Mär |
| So, 12. Mär |               | 20:18 – 00:32*             | 4h 14m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | —:—        | 08:23      | 04:51                      | 40m        | 05:32 | 38m        | 06:10 | 35m        | 06:46      | 11h 37m    | 18:23                   | 35m        | 18:59 | 38m        | 19:37 | 40m        | 20:18    | 12h 20m                    | 8h 31m     |    |            |    | So, 12. Mär |
| Mo, 13. Mär |               | 20:19 – 01:55*             | 5h 35m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | 00:32      | 08:44      | 04:49                      | 40m        | 05:29 | 38m        | 06:08 | 35m        | 06:43      | 11h 41m    | 18:25                   | 35m        | 19:00 | 38m        | 19:39 | 40m        | 20:19    | 12h 16m                    | 8h 26m     |    |            |    | Mo, 13. Mär |
| Di, 14. Mär |               | 20:21 – 03:14*             | 6h 52m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | 01:55      | 09:13      | 04:46                      | 40m        | 05:27 | 38m        | 06:05 | 35m        | 06:41      | 11h 45m    | 18:26                   | 35m        | 19:02 | 38m        | 19:41 | 40m        | 20:21    | 12h 12m                    | 8h 22m     |    |            |    | Di, 14. Mär |
| Mi, 15. Mär |               | 20:23 – 04:21*             | 7h 57m     | AN <sub>+</sub> bis M <sub>7</sub>  | ◑    | 03:14      | 09:57      | 04:44                      | 40m        | 05:25 | 38m        | 06:03 | 35m        | 06:39      | 11h 49m    | 18:28                   | 35m        | 19:04 | 38m        | 19:43 | 40m        | 20:23    | 12h 08m                    | 8h 18m     |    |            |    | Mi, 15. Mär |
| Do, 16. Mär |               | 20:25 – 04:39*             | 8h 13m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 04:21      | 10:59      | 04:41                      | 40m        | 05:22 | 38m        | 06:01 | 35m        | 06:36      | 11h 53m    | 18:30                   | 35m        | 19:06 | 38m        | 19:44 | 40m        | 20:25    | 12h 04m                    | 8h 13m     |    |            |    | Do, 16. Mär |
| Fr, 17. Mär |               | 20:27 – 04:36*             | 8h 08m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 05:10      | 12:19      | 04:39                      | 40m        | 05:20 | 38m        | 05:58 | 35m        | 06:34      | 11h 57m    | 18:32                   | 35m        | 19:07 | 38m        | 19:46 | 41m        | 20:27    | 12h 00m                    | 8h 08m     |    |            |    | Fr, 17. Mär |
| Sa, 18. Mär |               | 20:29 – 04:34*             | 8h 04m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 05:45      | 13:49      | 04:36                      | 41m        | 05:17 | 38m        | 05:56 | 35m        | 06:32      | 12h 01m    | 18:33                   | 35m        | 19:09 | 38m        | 19:48 | 41m        | 20:29    | 11h 56m                    | 8h 04m     |    |            |    | Sa, 18. Mär |
| So, 19. Mär |               | 20:31 – 04:31*             | 7h 59m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 06:09      | 15:23      | 04:34                      | 41m        | 05:15 | 38m        | 05:54 | 35m        | 06:29      | 12h 05m    | 18:35                   | 35m        | 19:11 | 39m        | 19:50 | 41m        | 20:31    | 11h 52m                    | 7h 59m     |    |            |    | So, 19. Mär |
| Mo, 20. Mär |               | 20:33 – 04:28*             | 7h 55m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 06:27      | 16:54      | 04:31                      | 41m        | 05:13 | 38m        | 05:51 | 35m        | 06:27      | 12h 09m    | 18:37                   | 35m        | 19:13 | 39m        | 19:52 | 41m        | 20:33    | 11h 48m                    | 7h 55m     |    |            |    | Mo, 20. Mär |
| Di, 21. Mär |               | 20:35 – 04:26*             | 7h 50m     | AN <sub>+</sub> bis AN <sub>-</sub> | ●    | 06:42      | 18:23      | 04:28                      | 41m        | 05:10 | 39m        | 05:49 | 35m        | 06:25      | 12h 13m    | 18:39                   | 35m        | 19:14 | 39m        | 19:54 | 41m        | 20:35    | 11h 43m                    | 7h 50m     |    |            |    | Di, 21. Mär |
| Mi, 22. Mär |               | 20:38 – 04:23*             | 7h 45m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 06:55      | 19:50      | 04:26                      | 41m        | 05:08 | 39m        | 05:47 | 35m        | 06:23      | 12h 17m    | 18:40                   | 35m        | 19:16 | 39m        | 19:56 | 42m        | 20:38    | 11h 39m                    | 7h 45m     |    |            |    | Mi, 22. Mär |
| Do, 23. Mär |               | 21:15 – 04:20*             | 7h 05m     | M <sub>\</sub> bis AN <sub>-</sub>  |      | 07:08      | 21:15      | 04:23                      | 41m        | 05:05 | 39m        | 05:44 | 35m        | 06:20      | 12h 21m    | 18:42                   | 35m        | 19:18 | 39m        | 19:57 | 42m        | 20:40    | 11h 35m                    | 7h 40m     |    |            |    | Do, 23. Mär |
| Fr, 24. Mär |               | 22:39 – 04:18*             | 5h 38m     | M <sub>\</sub> bis AN <sub>-</sub>  |      | 07:22      | 22:39      | 04:20                      | 42m        | 05:03 | 39m        | 05:42 | 35m        | 06:18      | 12h 25m    | 18:44                   | 35m        | 19:20 | 39m        | 19:59 | 42m        | 20:42    | 11h 31m                    | 7h 35m     |    |            |    | Fr, 24. Mär |
| Sa, 25. Mär |               | 00:01* – 04:15*            | 4h 13m     | M <sub>\</sub> bis AN <sub>-</sub>  |      | 07:39      | —:—        | 04:18                      | 42m        | 05:00 | 39m        | 05:40 | 35m        | 06:16      | 12h 29m    | 18:45                   | 36m        | 19:21 | 39m        | 20:01 | 42m        | 20:44    | 11h 27m                    | 7h 31m     |    |            |    | Sa, 25. Mär |
| So, 26. Mär | MESZ          | 02:19* – 05:12*            | 2h 53m     | M <sub>\</sub> bis AN <sub>-</sub>  |      | 09:00      | 01:01      | 05:15                      | 42m        | 05:58 | 39m        | 06:37 | 35m        | 07:13      | 12h 33m    | 19:47                   | 36m        | 20:23 | 39m        | 21:03 | 42m        | 21:46    | 11h 23m                    | 7h 26m     |    |            |    | So, 26. Mär |
| Mo, 27. Mär | MESZ          | 03:28* – 05:10*            | 1h 41m     | M <sub>\</sub> bis AN <sub>-</sub>  |      | 09:29      | 02:19      | 05:12                      | 42m        | 05:55 | 39m        | 06:35 | 36m        | 07:11      | 12h 37m    | 19:49                   | 36m        | 20:25 | 39m        | 21:05 | 43m        | 21:48    | 11h 19m                    | 7h 21m     |    |            |    | Mo, 27. Mär |
| Di, 28. Mär | MESZ          | 04:25* – 05:07*            | 41m        | M <sub>\</sub> bis AN <sub>-</sub>  |      | 10:09      | 03:28      | 05:10                      | 43m        | 05:53 | 39m        | 06:33 | 36m        | 07:09      | 12h 41m    | 19:51                   | 36m        | 20:27 | 40m        | 21:07 | 43m        | 21:50    | 11h 15m                    | 7h 16m     |    |            |    | Di, 28. Mär |
| Mi, 29. Mär | MESZ          | —:~:~:~:~                  | –          | Mond stört                          | ◒    | 11:01      | 04:25      | 05:07                      | 43m        | 05:50 | 40m        | 06:30 | 36m        | 07:06      | 12h 45m    | 19:52                   | 36m        | 20:29 | 40m        | 21:09 | 43m        | 21:53    | 11h 11m                    | 7h 11m     |    |            |    | Mi, 29. Mär |
| Do, 30. Mär | MESZ          | —:~:~:~:~                  | –          | Mond stört                          |      | 12:04      | 05:08      | 05:04                      | 43m        | 05:48 | 40m        | 06:28 | 36m        | 07:04      | 12h 49m    | 19:54                   | 36m        | 20:30 | 40m        | 21:11 | 44m        | 21:55    | 11h 07m                    | 7h 06m     |    |            |    | Do, 30. Mär |
| Fr, 31. Mär | MESZ          | —:~:~:~:~                  | –          | Mond stört                          |      | 13:14      | 05:39      | 05:01                      | 44m        | 05:45 | 40m        | 06:25 | 36m        | 07:02      | 12h 53m    | 19:56                   | 36m        | 20:32 | 40m        | 21:13 | 44m        | 21:57    | 11h 03m                    | 7h 01m     |    |            |    | Fr, 31. Mär |
| Sa, 1. Apr  | MESZ          | —:~:~:~:~                  | –          | Mond stört                          |      | 14:27      | 06:01      | 04:58                      | 44m        | 05:43 | 40m        | 06:23 | 36m        | 06:59      | 12h 57m    | 19:57                   | 36m        | 20:34 | 40m        | 21:15 | 44m        | 21:59    | 10h 59m                    | 6h 55m     |    |            |    | Sa, 1. Apr  |
| So, 2. Apr  | MESZ          | —:~:~:~:~                  | –          | Mond stört                          |      | 15:40      | 06:18      | 04:55                      | 44m        | 05:40 | 40m        | 06:21 | 36m        | 06:57      | 13h 01m    | 19:59                   | 36m        | 20:36 | 40m        | 21:17 | 45m        | 22:02    | 10h 55m                    | 6h 50m     |    |            |    | So, 2. Apr  |
| Mo, 3. Apr  | MESZ          | —:~:~:~:~                  | –          | Mond stört                          |      | 16:53      | 06:31      | 04:52                      | 44m        | 05:37 | 40m        | 06:18 | 36m        | 06:55      | 13h 05m    |                         |            |       |            |       |            |          |                            |            |    |            |    |             |

| 1           | 2             | 3                          | 4          | 5                                   | 6    | 7          | 8          | 9                          | 10         | 11    | 12         | 13    | 14         | 15         | 16         | 17         | 18                      | 19    | 20         | 21    | 22         | 23     | 24         | 25                         | 26            | 27         | 28                                  | 29          |
|-------------|---------------|----------------------------|------------|-------------------------------------|------|------------|------------|----------------------------|------------|-------|------------|-------|------------|------------|------------|------------|-------------------------|-------|------------|-------|------------|--------|------------|----------------------------|---------------|------------|-------------------------------------|-------------|
| 2023        | Zeit-<br>zone | Astr. dunkel und kein Mond |            |                                     | Mond |            |            | Beginn der Morgendämmerung |            |       |            |       | Sonne      |            |            |            | Ende der Abenddämmerung |       |            |       |            | Nacht  | Astr. N.   | Naut. dunkel und kein Mond |               |            | 2023                                |             |
|             |               |                            | $\Delta t$ |                                     | Ph.  | $\nearrow$ | $\searrow$ | Astr.                      | $\Delta t$ | Naut. | $\Delta t$ | Bürg. | $\Delta t$ | $\nearrow$ | $\Delta t$ | $\searrow$ | $\Delta t$              | Bürg. | $\Delta t$ | Naut. | $\Delta t$ | Astr.  | $\Delta t$ | $\Delta t$                 |               | $\Delta t$ |                                     |             |
| Di, 11. Apr | MESZ          | 22:24–03:16*               | 4h 51m     | AN <sub>+</sub> bis M <sub>J</sub>  |      | 02:05      | 08:53      | 04:28                      | 48m        | 05:17 | 42m        | 05:59 | 37m        | 06:37      | 13h 37m    | 20:14      | 37m                     | 20:52 | 42m        | 21:35 | 48m        | 22:24  | 10h 20m    | 6h 01m                     |               |            |                                     | Di, 11. Apr |
| Mi, 12. Apr | MESZ          | 22:26–04:10*               | 5h 43m     | AN <sub>+</sub> bis M <sub>J</sub>  |      | 03:16      | 09:49      | 04:25                      | 48m        | 05:14 | 42m        | 05:57 | 37m        | 06:35      | 13h 41m    | 20:16      | 37m                     | 20:54 | 43m        | 21:37 | 49m        | 22:26  | 10h 16m    | 5h 55m                     |               |            |                                     | Mi, 12. Apr |
| Do, 13. Apr | MESZ          | 22:29–04:19*               | 5h 49m     | AN <sub>+</sub> bis AN <sub>-</sub> | ☾    | 04:10      | 11:03      | 04:22                      | 49m        | 05:11 | 43m        | 05:55 | 37m        | 06:32      | 13h 45m    | 20:18      | 37m                     | 20:56 | 43m        | 21:39 | 49m        | 22:29  | 10h 12m    | 5h 49m                     |               |            |                                     | Do, 13. Apr |
| Fr, 14. Apr | MESZ          | 22:32–04:16*               | 5h 44m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 04:48      | 12:29      | 04:19                      | 49m        | 05:09 | 43m        | 05:52 | 37m        | 06:30      | 13h 49m    | 20:20      | 38m                     | 20:58 | 43m        | 21:41 | 50m        | 22:32  | 10h 08m    | 5h 44m                     |               |            |                                     | Fr, 14. Apr |
| Sa, 15. Apr | MESZ          | 22:34–04:13*               | 5h 38m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 05:14      | 13:59      | 04:16                      | 50m        | 05:06 | 43m        | 05:50 | 38m        | 06:28      | 13h 53m    | 20:21      | 38m                     | 21:00 | 44m        | 21:44 | 50m        | 22:34  | 10h 04m    | 5h 38m                     |               |            |                                     | Sa, 15. Apr |
| So, 16. Apr | MESZ          | 22:37–04:09*               | 5h 32m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 05:33      | 15:29      | 04:13                      | 50m        | 05:04 | 43m        | 05:48 | 38m        | 06:26      | 13h 57m    | 20:23      | 38m                     | 21:01 | 44m        | 21:46 | 51m        | 22:37  | 10h 00m    | 5h 32m                     |               |            |                                     | So, 16. Apr |
| Mo, 17. Apr | MESZ          | 22:40–04:06*               | 5h 26m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 05:48      | 16:56      | 04:09                      | 51m        | 05:01 | 44m        | 05:45 | 38m        | 06:24      | 14h 01m    | 20:25      | 38m                     | 21:03 | 44m        | 21:48 | 52m        | 22:40  | 9h 56m     | 5h 26m                     |               |            |                                     | Mo, 17. Apr |
| Di, 18. Apr | MESZ          | 22:43–04:03*               | 5h 20m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 06:01      | 18:22      | 04:06                      | 52m        | 04:58 | 44m        | 05:43 | 38m        | 06:21      | 14h 04m    | 20:26      | 38m                     | 21:05 | 44m        | 21:50 | 52m        | 22:43  | 9h 52m     | 5h 20m                     |               |            |                                     | Di, 18. Apr |
| Mi, 19. Apr | MESZ          | 22:46–04:00*               | 5h 13m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 06:13      | 19:46      | 04:03                      | 52m        | 04:56 | 44m        | 05:41 | 38m        | 06:19      | 14h 08m    | 20:28      | 38m                     | 21:07 | 45m        | 21:52 | 53m        | 22:46  | 9h 49m     | 5h 13m                     |               |            |                                     | Mi, 19. Apr |
| Do, 20. Apr | MESZ          | 22:49–03:56*               | 5h 07m     | AN <sub>+</sub> bis AN <sub>-</sub> | ☀    | 06:26      | 21:11      | 04:00                      | 53m        | 04:53 | 45m        | 05:38 | 38m        | 06:17      | 14h 12m    | 20:30      | 39m                     | 21:09 | 45m        | 21:55 | 54m        | 22:49  | 9h 45m     | 5h 07m                     |               |            |                                     | Do, 20. Apr |
| Fr, 21. Apr | MESZ          | 22:52–03:53*               | 5h 01m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 06:42      | 22:35      | 03:56                      | 54m        | 04:50 | 45m        | 05:36 | 39m        | 06:15      | 14h 16m    | 20:32      | 39m                     | 21:11 | 45m        | 21:57 | 54m        | 22:52  | 9h 41m     | 5h 01m                     |               |            |                                     | Fr, 21. Apr |
| Sa, 22. Apr | MESZ          | 23:56–03:49*               | 3h 53m     | M <sub>\</sub> bis AN <sub>-</sub>  |      | 07:01      | 23:56      | 03:53                      | 54m        | 04:48 | 45m        | 05:34 | 39m        | 06:13      | 14h 20m    | 20:33      | 39m                     | 21:13 | 46m        | 21:59 | 55m        | 22:55  | 9h 37m     | 4h 54m                     |               |            |                                     | Sa, 22. Apr |
| So, 23. Apr | MESZ          | 01:11*–03:46*              | 2h 34m     | M <sub>\</sub> bis AN <sub>-</sub>  |      | 07:27      | —:—        | 03:49                      | 55m        | 04:45 | 46m        | 05:31 | 39m        | 06:11      | 14h 24m    | 20:35      | 39m                     | 21:15 | 46m        | 22:01 | 56m        | 22:58  | 9h 33m     | 4h 48m                     |               |            |                                     | So, 23. Apr |
| Mo, 24. Apr | MESZ          | 02:15*–03:43*              | 1h 27m     | M <sub>\</sub> bis AN <sub>-</sub>  |      | 08:02      | 01:11      | 03:46                      | 56m        | 04:42 | 46m        | 05:29 | 39m        | 06:09      | 14h 27m    | 20:37      | 39m                     | 21:17 | 47m        | 22:04 | 57m        | 23:01  | 9h 30m     | 4h 41m                     |               |            |                                     | Mo, 24. Apr |
| Di, 25. Apr | MESZ          | 03:04*–03:39*              | 34m        | M <sub>\</sub> bis AN <sub>-</sub>  |      | 08:49      | 02:15      | 03:43                      | 57m        | 04:40 | 47m        | 05:27 | 39m        | 06:07      | 14h 31m    | 20:38      | 40m                     | 21:18 | 47m        | 22:06 | 58m        | 23:04  | 9h 26m     | 4h 34m                     |               |            |                                     | Di, 25. Apr |
| Mi, 26. Apr | MESZ          | —:—:—:—                    | –          | Mond stört                          |      | 09:48      | 03:04      | 03:39                      | 58m        | 04:37 | 47m        | 05:25 | 40m        | 06:05      | 14h 35m    | 20:40      | 40m                     | 21:20 | 47m        | 22:08 | 59m        | 23:07  | 9h 22m     | 4h 28m                     |               |            |                                     | Mi, 26. Apr |
| Do, 27. Apr | MESZ          | —:—:—:—                    | –          | Mond stört                          | ☾    | 10:56      | 03:40      | 03:35                      | 59m        | 04:35 | 47m        | 05:22 | 40m        | 06:03      | 14h 39m    | 20:42      | 40m                     | 21:22 | 48m        | 22:11 | 1h 00m     | 23:11  | 9h 18m     | 4h 21m                     |               |            |                                     | Do, 27. Apr |
| Fr, 28. Apr | MESZ          | —:—:—:—                    | –          | Mond stört                          |      | 12:09      | 04:06      | 03:32                      | 1h 00m     | 04:32 | 48m        | 05:20 | 40m        | 06:01      | 14h 42m    | 20:43      | 40m                     | 21:24 | 48m        | 22:13 | 1h 01m     | 23:14  | 9h 15m     | 4h 14m                     |               |            |                                     | Fr, 28. Apr |
| Sa, 29. Apr | MESZ          | —:~:~:~:~                  | –          | Mond stört                          |      | 13:22      | 04:24      | 03:28                      | 1h 01m     | 04:29 | 48m        | 05:18 | 40m        | 05:59      | 14h 46m    | 20:45      | 41m                     | 21:26 | 49m        | 22:15 | 1h 02m     | 23:18  | 9h 11m     | 4h 06m                     |               |            |                                     | Sa, 29. Apr |
| So, 30. Apr | MESZ          | —:~:~:~:~                  | –          | Mond stört                          |      | 14:35      | 04:39      | 03:24                      | 1h 02m     | 04:27 | 49m        | 05:16 | 40m        | 05:57      | 14h 49m    | 20:47      | 41m                     | 21:28 | 49m        | 22:18 | 1h 03m     | 23:21  | 9h 08m     | 3h 59m                     |               |            |                                     | So, 30. Apr |
| Mo, 1. Mai  | MESZ          | —:~:~:~:~                  | –          | Mond stört                          |      | 15:48      | 04:51      | 03:21                      | 1h 03m     | 04:24 | 49m        | 05:14 | 41m        | 05:55      | 14h 53m    | 20:48      | 41m                     | 21:30 | 50m        | 22:20 | 1h 04m     | 23:25  | 9h 04m     | 3h 52m                     |               |            |                                     | Mo, 1. Mai  |
| Di, 2. Mai  | MESZ          | —:~:~:~:~                  | –          | Mond stört                          |      | 17:02      | 05:01      | 03:17                      | 1h 04m     | 04:22 | 49m        | 05:12 | 41m        | 05:53      | 14h 57m    | 20:50      | 41m                     | 21:32 | 50m        | 22:22 | 1h 05m     | 23:28  | 9h 00m     | 3h 44m                     |               |            |                                     | Di, 2. Mai  |
| Mi, 3. Mai  | MESZ          | —:~:~:~:~                  | –          | Mond stört                          |      | 18:17      | 05:12      | 03:13                      | 1h 05m     | 04:19 | 50m        | 05:09 | 41m        | 05:51      | 15h 00m    | 20:52      | 41m                     | 21:34 | 50m        | 22:25 | 1h 07m     | 23:32  | 8h 57m     | 3h 36m                     |               |            |                                     | Mi, 3. Mai  |
| Do, 4. Mai  | MESZ          | —:~:~:~:~                  | –          | Mond stört                          |      | 19:36      | 05:23      | 03:09                      | 1h 07m     | 04:16 | 50m        | 05:07 | 41m        | 05:49      | 15h 04m    | 20:53      | 42m                     | 21:36 | 51m        | 22:27 | 1h 08m     | 23:36  | 8h 53m     | 3h 29m                     |               |            |                                     | Do, 4. Mai  |
| Fr, 5. Mai  | MESZ          | —:~:~:~:~                  | –          | Mond stört                          | ☉    | 20:58      | 05:36      | 03:05                      | 1h 08m     | 04:14 | 51m        | 05:05 | 42m        | 05:47      | 15h 07m    | 20:55      | 42m                     | 21:38 | 51m        | 22:30 | 1h 10m     | 23:40  | 8h 50m     | 3h 20m                     |               |            |                                     | Fr, 5. Mai  |
| Sa, 6. Mai  | MESZ          | —:~:~:~:~                  | –          | Mond stört                          |      | 22:24      | 05:53      | 03:01                      | 1h 10m     | 04:11 | 51m        | 05:03 | 42m        | 05:46      | 15h 11m    | 20:57      | 42m                     | 21:39 | 52m        | 22:32 | 1h 12m     | 23:44  | 8h 47m     | 3h 12m                     |               |            |                                     | Sa, 6. Mai  |
| So, 7. Mai  | MESZ          | 23:48–23:50                | 1m         | AN <sub>+</sub> bis M <sub>J</sub>  |      | 23:50      | 06:17      | 02:57                      | 1h 12m     | 04:09 | 52m        | 05:01 | 42m        | 05:44      | 15h 14m    | 20:58      | 42m                     | 21:41 | 53m        | 22:34 | 1h 13m     | 23:48  | 8h 43m     | 3h 03m                     |               |            |                                     | So, 7. Mai  |
| Mo, 8. Mai  | MESZ          | 23:53–01:07*               | 1h 14m     | AN <sub>+</sub> bis M <sub>J</sub>  |      | —:—        | 06:51      | 02:52                      | 1h 13m     | 04:06 | 53m        | 04:59 | 42m        | 05:42      | 15h 17m    | 21:00      | 43m                     | 21:43 | 53m        | 22:37 | 1h 15m     | 23:53  | 8h 40m     | 2h 55m                     |               |            |                                     | Mo, 8. Mai  |
| Di, 9. Mai  | MESZ          | 23:57–02:08*               | 2h 10m     | AN <sub>+</sub> bis M <sub>J</sub>  |      | 01:07      | 07:42      | 02:48                      | 1h 15m     | 04:04 | 53m        | 04:57 | 43m        | 05:40      | 15h 21m    | 21:02      | 43m                     | 21:45 | 54m        | 22:39 | 1h 17m     | 23:57  | 8h 37m     | 2h 45m                     |               |            |                                     | Di, 9. Mai  |
| Mi, 10. Mai | MESZ          | 00:02*–02:38*              | 2h 36m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 02:08      | 08:51      | 02:43                      | 1h 17m     | 04:01 | 54m        | 04:55 | 43m        | 05:39      | 15h 24m    | 21:03      | 43m                     | 21:47 | 54m        | 22:42 | 1h 20m     | 00:02* | 8h 33m     | 2h 36m                     |               |            |                                     | Mi, 10. Mai |
| Do, 11. Mai | MESZ          | 00:07*–02:33*              | 2h 26m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 02:51      | 10:15      | 02:38                      | 1h 20m     | 03:59 | 54m        | 04:53 | 43m        | 05:37      | 15h 27m    | 21:05      | 44m                     | 21:49 | 55m        | 22:44 | 1h 22m     | 00:07* | 8h 30m     | 2h 26m                     |               |            |                                     | Do, 11. Mai |
| Fr, 12. Mai | MESZ          | 00:12*–02:28*              | 2h 15m     | AN <sub>+</sub> bis AN <sub>-</sub> | ☾    | 03:20      | 11:44      | 02:33                      | 1h 22m     | 03:56 | 55m        | 04:51 | 43m        | 05:35      | 15h 31m    | 21:06      | 44m                     | 21:51 | 55m        | 22:47 | 1h 25m     | 00:12* | 8h 27m     | 2h 15m                     |               |            |                                     | Fr, 12. Mai |
| Sa, 13. Mai | MESZ          | 00:18*–02:22*              | 2h 04m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 03:40      | 13:13      | 02:28                      | 1h 25m     | 03:54 | 55m        | 04:49 | 44m        | 05:34      | 15h 34m    | 21:08      | 44m                     | 21:53 | 56m        | 22:49 | 1h 28m     | 00:18* | 8h 24m     | 2h 04m                     |               |            |                                     | Sa, 13. Mai |
| So, 14. Mai | MESZ          | 00:24*–02:16*              | 1h 52m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 03:56      | 14:39      | 02:22                      | 1h 28m     | 03:51 | 56m        | 04:48 | 44m        | 05:32      | 15h 37m    | 21:10      | 44m                     | 21:54 | 57m        | 22:51 | 1h 32m     | 00:24* | 8h 21m     | 1h 52m                     |               |            |                                     | So, 14. Mai |
| Mo, 15. Mai | MESZ          | 00:31*–02:10*              | 1h 39m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 04:09      | 16:03      | 02:16                      | 1h 32m     | 03:49 | 57m        | 04:46 | 44m        | 05:31      | 15h 40m    | 21:11      | 45m                     | 21:56 | 57m        | 22:54 | 1h 36m     | 00:31* | 8h 17m     | 1h 39m                     |               |            |                                     | Mo, 15. Mai |
| Di, 16. Mai | MESZ          | 00:38*–02:02*              | 1h 24m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 04:21      | 17:26      | 02:10                      | 1h 36m     | 03:46 | 57m        | 04:44 | 45m        | 05:29      | 15h 43m    | 21:13      | 45m                     | 21:58 | 58m        | 22:56 | 1h 41m     | 00:38* | 8h 14m     | 1h 24m                     |               |            |                                     | Di, 16. Mai |
| Mi, 17. Mai | MESZ          | 00:47*–01:53*              | 1h 06m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 04:33      | 18:48      | 02:02                      | 1h 41m     | 03:44 | 58m        | 04:42 | 45m        | 05:28      | 15h 46m    | 21:14      | 45m                     | 22:00 | 59m        | 22:59 | 1h 48m     | 00:47* | 8h 12m     | 1h 06m                     |               |            |                                     | Mi, 17. Mai |
| Do, 18. Mai | MESZ          | 00:59*–01:41*              | 41m        | AN <sub>+</sub> bis AN <sub>-</sub> |      | 04:47      | 20:11      | 01:53                      | 1h 48m     | 03:41 | 59m        | 04:40 | 45m        | 05:26      | 15h 49m    | 21:16      | 45m                     | 22:02 | 59m        | 23:01 | 1h 58m     | 00:59* | 8h 09m     | 41m                        |               |            |                                     | Do, 18. Mai |
| Fr, 19. Mai | MESZ          |                            |            | Astr. MD                            | ☀    | 05:04      | 21:33      | 01:41                      | 1h 57m     | 03:39 | 59m        | 04:39 | 45m        | 05:25      | 15h 52m    | 21:17      | 46m                     | 22:03 | 1h 00m     | 23:04 |            | —:—    | 8h 06m     |                            | 23:04–03:37*  | 4h 33m     | ND <sub>+</sub> bis ND <sub>-</sub> | Fr, 19. Mai |
| Sa, 20. Mai | MESZ          |                            |            | Astr. MD                            |      | 05:27      | 22:52      | —:—                        |            | 03:37 | 1h 00m     | 04:37 | 46m        | 05:23      | 15h 55m    | 21:19      | 46m                     | 22:05 | 1h 01m     | 23:06 |            | —:—    | 8h 03m     |                            | 23:06–03:34*  | 4h 28m     | ND <sub>+</sub> bis ND <sub>-</sub> | Sa, 20. Mai |
| So, 21. Mai | MESZ          |                            |            | Astr. MD                            |      | 05:58      | —:—        | —:—                        |            | 03:34 | 1h 01m     | 04:36 | 46m        | 05:22      | 15h 57m    | 21:20      | 46m                     | 22:07 | 1h 01m     | 23:09 |            | —:—    | 8h 00m     |                            | 00:01*–03:32* | 3h 31m     | M <sub>\</sub> bis ND <sub>-</sub>  | So, 21. Mai |
| Mo, 22. Mai | MESZ          |                            |            | Astr. MD                            |      | 06:40      | 00:01      | —:—                        |            | 03:32 | 1h 01m     | 04:34 | 46m        | 05:21      | 16h 00m    | 21:21      | 47m                     | 22:08 | 1h 02m     | 23:11 |            | —:—    | 7h 58m     |                            | 00:57*–03:30* | 2h         |                                     |             |

| 1           | 2     | 3                          | 4          | 5        | 6    | 7          | 8            | 9                          | 10         | 11    | 12         | 13    | 14         | 15         | 16         | 17           | 18                      | 19    | 20         | 21    | 22         | 23    | 24         | 25                         | 26              | 27         | 28                                  | 29          |
|-------------|-------|----------------------------|------------|----------|------|------------|--------------|----------------------------|------------|-------|------------|-------|------------|------------|------------|--------------|-------------------------|-------|------------|-------|------------|-------|------------|----------------------------|-----------------|------------|-------------------------------------|-------------|
| 2023        | Zeit- | Astr. dunkel und kein Mond |            |          | Mond |            |              | Beginn der Morgendämmerung |            |       |            |       | Sonne      |            |            |              | Ende der Abenddämmerung |       |            |       |            | Nacht | Astr. N.   | Naut. dunkel und kein Mond |                 |            | 2023                                |             |
|             | zone  |                            | $\Delta t$ |          | Ph.  | $\uparrow$ | $\downarrow$ | Astr.                      | $\Delta t$ | Naut. | $\Delta t$ | Bürg. | $\Delta t$ | $\uparrow$ | $\Delta t$ | $\downarrow$ | $\Delta t$              | Bürg. | $\Delta t$ | Naut. | $\Delta t$ | Astr. | $\Delta t$ | $\Delta t$                 |                 | $\Delta t$ |                                     |             |
| Mi, 31. Mai | MESZ  |                            |            | Astr. MD |      | 17:11      | 03:29        | —:—                        |            | 03:13 | 1h 08m     | 04:22 | 49m        | 05:11      | 16h 21m    | 21:33        | 49m                     | 22:22 | 1h 09m     | 23:32 |            | —:—   | 7h 37m     |                            | —:—:—:—         | —          | Mond stört                          | Mi, 31. Mai |
| Do, 1. Jun  | MESZ  |                            |            | Astr. MD |      | 18:32      | 03:41        | —:—                        |            | 03:12 | 1h 09m     | 04:21 | 49m        | 05:10      | 16h 23m    | 21:34        | 49m                     | 22:24 | 1h 09m     | 23:34 |            | —:—   | 7h 35m     |                            | —:—:—:—         | —          | Mond stört                          | Do, 1. Jun  |
| Fr, 2. Jun  | MESZ  |                            |            | Astr. MD |      | 19:57      | 03:57        | —:—                        |            | 03:10 | 1h 09m     | 04:20 | 49m        | 05:09      | 16h 25m    | 21:35        | 49m                     | 22:25 | 1h 10m     | 23:36 |            | —:—   | 7h 33m     |                            | —:—:—:—         | —          | Mond stört                          | Fr, 2. Jun  |
| Sa, 3. Jun  | MESZ  |                            |            | Astr. MD |      | 21:25      | 04:17        | —:—                        |            | 03:08 | 1h 10m     | 04:19 | 49m        | 05:09      | 16h 27m    | 21:36        | 50m                     | 22:26 | 1h 11m     | 23:38 |            | —:—   | 7h 31m     |                            | —:—:—:—         | —          | Mond stört                          | Sa, 3. Jun  |
| So, 4. Jun  | MESZ  |                            |            | Astr. MD | ○    | 22:48      | 04:47        | —:—                        |            | 03:06 | 1h 11m     | 04:18 | 50m        | 05:08      | 16h 29m    | 21:37        | 50m                     | 22:28 | 1h 11m     | 23:40 |            | —:—   | 7h 30m     |                            | —:—:—:—         | —          | Mond stört                          | So, 4. Jun  |
| Mo, 5. Jun  | MESZ  |                            |            | Astr. MD |      | 23:58      | 05:31        | —:—                        |            | 03:05 | 1h 11m     | 04:17 | 50m        | 05:07      | 16h 30m    | 21:38        | 50m                     | 22:29 | 1h 12m     | 23:41 |            | —:—   | 7h 28m     |                            | 23:41 – 23:58   | 16m        | ND <sub>+</sub> bis M <sub>7</sub>  | Mo, 5. Jun  |
| Di, 6. Jun  | MESZ  |                            |            | Astr. MD |      | —:—        | 06:36        | —:—                        |            | 03:03 | 1h 12m     | 04:16 | 50m        | 05:07      | 16h 32m    | 21:39        | 50m                     | 22:30 | 1h 13m     | 23:43 |            | —:—   | 7h 26m     |                            | 23:43 – 00:49*  | 1h 05m     | ND <sub>+</sub> bis M <sub>7</sub>  | Di, 6. Jun  |
| Mi, 7. Jun  | MESZ  |                            |            | Astr. MD |      | 00:49      | 07:58        | —:—                        |            | 03:02 | 1h 13m     | 04:15 | 50m        | 05:06      | 16h 33m    | 21:40        | 50m                     | 22:31 | 1h 13m     | 23:45 |            | —:—   | 7h 25m     |                            | 23:45 – 01:23*  | 1h 37m     | ND <sub>+</sub> bis M <sub>7</sub>  | Mi, 7. Jun  |
| Do, 8. Jun  | MESZ  |                            |            | Astr. MD |      | 01:23      | 09:28        | —:—                        |            | 03:01 | 1h 13m     | 04:15 | 50m        | 05:06      | 16h 35m    | 21:41        | 51m                     | 22:32 | 1h 14m     | 23:47 |            | —:—   | 7h 24m     |                            | 23:47 – 01:46*  | 1h 59m     | ND <sub>+</sub> bis M <sub>7</sub>  | Do, 8. Jun  |
| Fr, 9. Jun  | MESZ  |                            |            | Astr. MD |      | 01:46      | 10:59        | —:—                        |            | 02:59 | 1h 14m     | 04:14 | 51m        | 05:05      | 16h 36m    | 21:42        | 51m                     | 22:33 | 1h 15m     | 23:48 |            | —:—   | 7h 23m     |                            | 23:48 – 02:03*  | 2h 15m     | ND <sub>+</sub> bis M <sub>7</sub>  | Fr, 9. Jun  |
| Sa, 10. Jun | MESZ  |                            |            | Astr. MD | ◐    | 02:03      | 12:27        | —:—                        |            | 02:58 | 1h 15m     | 04:13 | 51m        | 05:05      | 16h 37m    | 21:42        | 51m                     | 22:34 | 1h 15m     | 23:50 |            | —:—   | 7h 21m     |                            | 23:50 – 02:17*  | 2h 27m     | ND <sub>+</sub> bis M <sub>7</sub>  | Sa, 10. Jun |
| So, 11. Jun | MESZ  |                            |            | Astr. MD |      | 02:17      | 13:51        | —:—                        |            | 02:57 | 1h 15m     | 04:13 | 51m        | 05:04      | 16h 38m    | 21:43        | 51m                     | 22:35 | 1h 16m     | 23:51 |            | —:—   | 7h 20m     |                            | 23:51 – 02:29*  | 2h 38m     | ND <sub>+</sub> bis M <sub>7</sub>  | So, 11. Jun |
| Mo, 12. Jun | MESZ  |                            |            | Astr. MD |      | 02:29      | 15:13        | —:—                        |            | 02:56 | 1h 16m     | 04:12 | 51m        | 05:04      | 16h 39m    | 21:44        | 51m                     | 22:36 | 1h 16m     | 23:52 |            | —:—   | 7h 19m     |                            | 23:52 – 02:41*  | 2h 48m     | ND <sub>+</sub> bis M <sub>7</sub>  | Mo, 12. Jun |
| Di, 13. Jun | MESZ  |                            |            | Astr. MD |      | 02:41      | 16:34        | —:—                        |            | 02:55 | 1h 16m     | 04:12 | 51m        | 05:04      | 16h 40m    | 21:45        | 51m                     | 22:36 | 1h 17m     | 23:54 |            | —:—   | 7h 19m     |                            | 23:54 – 02:54*  | 3h 00m     | ND <sub>+</sub> bis M <sub>7</sub>  | Di, 13. Jun |
| Mi, 14. Jun | MESZ  |                            |            | Astr. MD |      | 02:54      | 17:56        | —:—                        |            | 02:55 | 1h 17m     | 04:12 | 51m        | 05:04      | 16h 41m    | 21:45        | 51m                     | 22:37 | 1h 17m     | 23:55 |            | —:—   | 7h 18m     |                            | 23:55 – 02:54*  | 2h 59m     | ND <sub>+</sub> bis ND <sub>-</sub> | Mi, 14. Jun |
| Do, 15. Jun | MESZ  |                            |            | Astr. MD |      | 03:10      | 19:17        | —:—                        |            | 02:54 | 1h 17m     | 04:11 | 51m        | 05:03      | 16h 42m    | 21:46        | 52m                     | 22:38 | 1h 17m     | 23:56 |            | —:—   | 7h 17m     |                            | 23:56 – 02:53*  | 2h 57m     | ND <sub>+</sub> bis ND <sub>-</sub> | Do, 15. Jun |
| Fr, 16. Jun | MESZ  |                            |            | Astr. MD |      | 03:30      | 20:36        | —:—                        |            | 02:53 | 1h 17m     | 04:11 | 52m        | 05:03      | 16h 42m    | 21:46        | 52m                     | 22:38 | 1h 18m     | 23:56 |            | —:—   | 7h 17m     |                            | 23:56 – 02:53*  | 2h 56m     | ND <sub>+</sub> bis ND <sub>-</sub> | Fr, 16. Jun |
| Sa, 17. Jun | MESZ  |                            |            | Astr. MD |      | 03:57      | 21:48        | —:—                        |            | 02:53 | 1h 18m     | 04:11 | 52m        | 05:03      | 16h 43m    | 21:47        | 52m                     | 22:39 | 1h 18m     | 23:57 |            | —:—   | 7h 16m     |                            | 23:57 – 02:53*  | 2h 55m     | ND <sub>+</sub> bis ND <sub>-</sub> | Sa, 17. Jun |
| So, 18. Jun | MESZ  |                            |            | Astr. MD | ◑    | 04:35      | 22:49        | —:—                        |            | 02:53 | 1h 18m     | 04:11 | 52m        | 05:03      | 16h 43m    | 21:47        | 52m                     | 22:39 | 1h 18m     | 23:58 |            | —:—   | 7h 16m     |                            | 23:58 – 02:53*  | 2h 54m     | ND <sub>+</sub> bis ND <sub>-</sub> | So, 18. Jun |
| Mo, 19. Jun | MESZ  |                            |            | Astr. MD |      | 05:25      | 23:35        | —:—                        |            | 02:53 | 1h 18m     | 04:11 | 52m        | 05:03      | 16h 43m    | 21:47        | 52m                     | 22:40 | 1h 18m     | 23:58 |            | —:—   | 7h 16m     |                            | 23:58 – 02:52*  | 2h 54m     | ND <sub>+</sub> bis ND <sub>-</sub> | Mo, 19. Jun |
| Di, 20. Jun | MESZ  |                            |            | Astr. MD |      | 06:27      | —:—          | —:—                        |            | 02:52 | 1h 18m     | 04:11 | 52m        | 05:03      | 16h 44m    | 21:48        | 52m                     | 22:40 | 1h 18m     | 23:59 |            | —:—   | 7h 16m     |                            | 00:09* – 02:53* | 2h 43m     | M <sub>v</sub> bis ND <sub>-</sub>  | Di, 20. Jun |
| Mi, 21. Jun | MESZ  |                            |            | Astr. MD |      | 07:37      | 00:09        | —:—                        |            | 02:53 | 1h 18m     | 04:11 | 52m        | 05:04      | 16h 44m    | 21:48        | 52m                     | 22:40 | 1h 18m     | 23:59 |            | —:—   | 7h 16m     |                            | 00:33* – 02:53* | 2h 20m     | M <sub>v</sub> bis ND <sub>-</sub>  | Mi, 21. Jun |
| Do, 22. Jun | MESZ  |                            |            | Astr. MD |      | 08:50      | 00:33        | —:—                        |            | 02:53 | 1h 18m     | 04:12 | 52m        | 05:04      | 16h 44m    | 21:48        | 52m                     | 22:40 | 1h 18m     | 23:59 |            | —:—   | 7h 16m     |                            | 00:50* – 02:53* | 2h 02m     | M <sub>v</sub> bis ND <sub>-</sub>  | Do, 22. Jun |
| Fr, 23. Jun | MESZ  |                            |            | Astr. MD |      | 10:03      | 00:50        | —:—                        |            | 02:53 | 1h 18m     | 04:12 | 52m        | 05:04      | 16h 43m    | 21:48        | 52m                     | 22:40 | 1h 18m     | 23:59 |            | —:—   | 7h 16m     |                            | 01:04* – 02:54* | 1h 49m     | M <sub>v</sub> bis ND <sub>-</sub>  | Fr, 23. Jun |
| Sa, 24. Jun | MESZ  |                            |            | Astr. MD |      | 11:14      | 01:04        | —:—                        |            | 02:54 | 1h 18m     | 04:12 | 52m        | 05:04      | 16h 43m    | 21:48        | 52m                     | 22:40 | 1h 18m     | 23:59 |            | —:—   | 7h 16m     |                            | 01:15* – 02:54* | 1h 38m     | M <sub>v</sub> bis ND <sub>-</sub>  | Sa, 24. Jun |
| So, 25. Jun | MESZ  |                            |            | Astr. MD |      | 12:25      | 01:15        | —:—                        |            | 02:54 | 1h 18m     | 04:13 | 52m        | 05:05      | 16h 43m    | 21:48        | 52m                     | 22:40 | 1h 18m     | 23:59 |            | —:—   | 7h 17m     |                            | 01:25* – 02:55* | 1h 29m     | M <sub>v</sub> bis ND <sub>-</sub>  | So, 25. Jun |
| Mo, 26. Jun | MESZ  |                            |            | Astr. MD | ◒    | 13:37      | 01:25        | —:—                        |            | 02:55 | 1h 18m     | 04:13 | 52m        | 05:05      | 16h 42m    | 21:48        | 52m                     | 22:40 | 1h 17m     | 23:58 |            | —:—   | 7h 17m     |                            | 01:36* – 02:56* | 1h 20m     | M <sub>v</sub> bis ND <sub>-</sub>  | Mo, 26. Jun |
| Di, 27. Jun | MESZ  |                            |            | Astr. MD |      | 14:50      | 01:36        | —:—                        |            | 02:56 | 1h 17m     | 04:14 | 52m        | 05:06      | 16h 42m    | 21:48        | 52m                     | 22:40 | 1h 17m     | 23:58 |            | —:—   | 7h 18m     |                            | 01:47* – 02:57* | 1h 09m     | M <sub>v</sub> bis ND <sub>-</sub>  | Di, 27. Jun |
| Mi, 28. Jun | MESZ  |                            |            | Astr. MD |      | 16:07      | 01:47        | —:—                        |            | 02:57 | 1h 17m     | 04:14 | 52m        | 05:06      | 16h 41m    | 21:48        | 51m                     | 22:40 | 1h 17m     | 23:57 |            | —:—   | 7h 18m     |                            | 02:00* – 02:58* | 57m        | M <sub>v</sub> bis ND <sub>-</sub>  | Mi, 28. Jun |
| Do, 29. Jun | MESZ  |                            |            | Astr. MD |      | 17:28      | 02:00        | —:—                        |            | 02:58 | 1h 17m     | 04:15 | 51m        | 05:07      | 16h 40m    | 21:48        | 51m                     | 22:40 | 1h 16m     | 23:56 |            | —:—   | 7h 19m     |                            | 02:17* – 02:59* | 41m        | M <sub>v</sub> bis ND <sub>-</sub>  | Do, 29. Jun |
| Fr, 30. Jun | MESZ  |                            |            | Astr. MD |      | 18:54      | 02:17        | —:—                        |            | 02:59 | 1h 16m     | 04:16 | 51m        | 05:07      | 16h 40m    | 21:48        | 51m                     | 22:39 | 1h 16m     | 23:56 |            | —:—   | 7h 20m     |                            | 02:42* – 03:00* | 18m        | M <sub>v</sub> bis ND <sub>-</sub>  | Fr, 30. Jun |
| Sa, 1. Jul  | MESZ  |                            |            | Astr. MD |      | 20:20      | 02:42        | —:—                        |            | 03:00 | 1h 16m     | 04:16 | 51m        | 05:08      | 16h 39m    | 21:47        | 51m                     | 22:39 | 1h 15m     | 23:55 |            | —:—   | 7h 21m     |                            | —:—:—:—         | —          | Mond stört                          | Sa, 1. Jul  |
| So, 2. Jul  | MESZ  |                            |            | Astr. MD |      | 21:38      | 03:19        | —:—                        |            | 03:01 | 1h 15m     | 04:17 | 51m        | 05:09      | 16h 38m    | 21:47        | 51m                     | 22:38 | 1h 15m     | 23:54 |            | —:—   | 7h 22m     |                            | —:—:—:—         | —          | Mond stört                          | So, 2. Jul  |
| Mo, 3. Jul  | MESZ  |                            |            | Astr. MD | ○    | 22:39      | 04:15        | —:—                        |            | 03:03 | 1h 15m     | 04:18 | 51m        | 05:10      | 16h 36m    | 21:46        | 51m                     | 22:38 | 1h 14m     | 23:52 |            | —:—   | 7h 23m     |                            | —:—:—:—         | —          | Mond stört                          | Mo, 3. Jul  |
| Di, 4. Jul  | MESZ  |                            |            | Astr. MD |      | 23:21      | 05:31        | —:—                        |            | 03:04 | 1h 14m     | 04:19 | 51m        | 05:10      | 16h 35m    | 21:46        | 51m                     | 22:37 | 1h 14m     | 23:51 |            | —:—   | 7h 25m     |                            | —:—:—:—         | —          | Mond stört                          | Di, 4. Jul  |
| Mi, 5. Jul  | MESZ  |                            |            | Astr. MD |      | 23:49      | 07:02        | —:—                        |            | 03:06 | 1h 14m     | 04:20 | 51m        | 05:11      | 16h 34m    | 21:46        | 50m                     | 22:36 | 1h 13m     | 23:50 |            | —:—   | 7h 26m     |                            | —:—:—:—         | —          | Mond stört                          | Mi, 5. Jul  |
| Do, 6. Jul  | MESZ  |                            |            | Astr. MD |      | —:—        | 08:37        | —:—                        |            | 03:08 | 1h 13m     | 04:21 | 50m        | 05:12      | 16h 32m    | 21:45        | 50m                     | 22:36 | 1h 12m     | 23:48 |            | —:—   | 7h 27m     |                            | 23:48 – 00:09*  | 20m        | ND <sub>+</sub> bis M <sub>7</sub>  | Do, 6. Jul  |
| Fr, 7. Jul  | MESZ  |                            |            | Astr. MD |      | 00:09      | 10:09        | —:—                        |            | 03:09 | 1h 12m     | 04:22 | 50m        | 05:13      | 16h 31m    | 21:44        | 50m                     | 22:35 | 1h 12m     | 23:47 |            | —:—   | 7h 29m     |                            | 23:47 – 00:24*  | 36m        | ND <sub>+</sub> bis M <sub>7</sub>  | Fr, 7. Jul  |
| Sa, 8. Jul  | MESZ  |                            |            | Astr. MD |      | 00:24      | 11:37        | —:—                        |            | 03:11 | 1h 12m     | 04:23 | 50m        | 05:14      | 16h 29m    | 21:44        | 50m                     | 22:34 | 1h 11m     | 23:45 |            | —:—   | 7h 31m     |                            | 23:45 – 00:37*  | 51m        | ND <sub>+</sub> bis M <sub>7</sub>  | Sa, 8. Jul  |
| So, 9. Jul  | MESZ  |                            |            | Astr. MD |      | 00:37      | 13:01        | —:—                        |            | 03:13 | 1h 11m     | 04:25 | 50m        | 05:15      | 16h 28m    | 21:43        | 50m                     | 22:33 | 1h 10m     | 23:44 |            | —:—   | 7h 32m     |                            | 23:44 – 00:49*  | 1h 04m     | ND <sub>+</sub> bis M <sub>7</sub>  | So, 9. Jul  |
| Mo, 10. Jul | MESZ  |                            |            | Astr. MD | ◓    | 00:49      | 14:23        | —:—                        |            | 03:15 | 1h 10m     | 04:26 | 50m        | 05:16      | 16h 26m    | 21:42        | 49m                     | 22:32 | 1h 10m     | 23:42 |            | —:—   | 7h 34m     |                            | 23:42 – 01:01*  | 1h 19m     | ND <sub>+</sub> bis M <sub>7</sub>  | Mo, 10. Jul |
| Di, 11. Jul | MESZ  |                            |            | Astr. MD |      | 01:01      | 15:45        | —:—                        |            | 03:17 | 1h 10m     | 04:27 | 49m        | 05:17      | 16h 24m    | 21:41        | 49m                     | 22:31 | 1h 09m     | 23:40 |            | —:—   | 7h 36m     |                            | 23:40 – 01:16*  | 1h 35m     | ND <sub>+</sub> bis M <sub>7</sub>  | Di, 11. Jul |
| Mi, 12. Jul | MESZ  |                            |            | Astr. MD |      | 01:16      | 17:06        | —:—                        |            | 03:19 | 1h 09m     | 04:28 | 49m        | 05:18      | 16h 22m    | 21:41        | 49m                     | 22:30 | 1h 08m     | 23:38 |            | —:—   | 7h 38m     |                            | 23:38 – 01:35*  | 1h 56m     | ND <sub>+</sub> bis M <sub>7</sub>  | Mi, 12. Jul |
| Do, 13. Jul | MESZ  |                            |            | Astr. MD |      | 01:35      | 18:25        | —:—                        |            | 03:21 | 1h 08m     | 04:30 | 49m        | 05:19      | 16h 20m    | 21:40        | 49m                     | 22:29 |            |       |            |       |            |                            |                 |            |                                     |             |

| 1           | 2     | 3                          | 4          | 5                                   | 6    | 7          | 8          | 9                          | 10         | 11    | 12         | 13    | 14         | 15         | 16         | 17                      | 18         | 19    | 20         | 21    | 22         | 23       | 24                         | 25         | 26             | 27         | 28                                  | 29          |
|-------------|-------|----------------------------|------------|-------------------------------------|------|------------|------------|----------------------------|------------|-------|------------|-------|------------|------------|------------|-------------------------|------------|-------|------------|-------|------------|----------|----------------------------|------------|----------------|------------|-------------------------------------|-------------|
| 2023        | Zeit- | Astr. dunkel und kein Mond |            |                                     | Mond |            |            | Beginn der Morgendämmerung |            |       |            |       | Sonne      |            |            | Ende der Abenddämmerung |            |       |            |       | Nacht      | Astr. N. | Naut. dunkel und kein Mond |            |                | 2023       |                                     |             |
|             | zone  |                            | $\Delta t$ |                                     | Ph.  | $\nearrow$ | $\searrow$ | Astr.                      | $\Delta t$ | Naut. | $\Delta t$ | Bürg. | $\Delta t$ | $\nearrow$ | $\Delta t$ | $\searrow$              | $\Delta t$ | Bürg. | $\Delta t$ | Naut. | $\Delta t$ | Astr.    | $\Delta t$                 | $\Delta t$ |                | $\Delta t$ |                                     |             |
| Do, 20. Jul | MESZ  |                            |            | Astr. MD                            |      | 07:50      | 23:11      | —:—                        |            | 03:37 | 1h 03m     | 04:40 | 47m        | 05:28      | 16h 04m    | 21:32                   | 47m        | 22:19 | 1h 02m     | 23:22 |            | —:—      | 7h 57m                     |            | 23:22 – 03:39* | 4h 17m     | ND <sub>+</sub> bis ND <sub>-</sub> | Do, 20. Jul |
| Fr, 21. Jul | MESZ  |                            |            | Astr. MD                            |      | 09:02      | 23:22      | —:—                        |            | 03:39 | 1h 02m     | 04:42 | 47m        | 05:29      | 16h 01m    | 21:31                   | 46m        | 22:18 | 1h 02m     | 23:20 |            | —:—      | 7h 59m                     |            | 23:22 – 03:41* | 4h 19m     | M <sub>\</sub> bis ND <sub>-</sub>  | Fr, 21. Jul |
| Sa, 22. Jul | MESZ  |                            |            | Astr. MD                            |      | 10:13      | 23:33      | —:—                        |            | 03:41 | 1h 02m     | 04:44 | 46m        | 05:31      | 15h 59m    | 21:30                   | 46m        | 22:16 | 1h 01m     | 23:18 |            | —:—      | 8h 02m                     |            | 23:33 – 03:44* | 4h 11m     | M <sub>\</sub> bis ND <sub>-</sub>  | Sa, 22. Jul |
| So, 23. Jul | MESZ  |                            |            | Astr. MD                            |      | 11:24      | 23:43      | —:—                        |            | 03:44 | 1h 01m     | 04:45 | 46m        | 05:32      | 15h 56m    | 21:28                   | 46m        | 22:15 | 1h 00m     | 23:15 |            | —:—      | 8h 05m                     |            | 23:43 – 03:46* | 4h 03m     | M <sub>\</sub> bis ND <sub>-</sub>  | So, 23. Jul |
| Mo, 24. Jul | MESZ  | 01:18* – 01:43*            | 24m        | AN <sub>+</sub> bis AN <sub>-</sub> |      | 12:35      | 23:53      | —:—                        |            | 03:46 | 1h 00m     | 04:47 | 46m        | 05:33      | 15h 53m    | 21:27                   | 46m        | 22:13 | 1h 00m     | 23:13 | 2h 05m     | 01:18*   | 8h 07m                     | 24m        |                |            |                                     | Mo, 24. Jul |
| Di, 25. Jul | MESZ  | 01:02* – 01:59*            | 56m        | AN <sub>+</sub> bis AN <sub>-</sub> |      | 13:49      | —:—        | 01:43                      | 2h 05m     | 03:49 | 1h 00m     | 04:49 | 46m        | 05:35      | 15h 50m    | 21:25                   | 45m        | 22:11 | 59m        | 23:11 | 1h 51m     | 01:02*   | 8h 10m                     | 56m        |                |            |                                     | Di, 25. Jul |
| Mi, 26. Jul | MESZ  | 00:53* – 02:09*            | 1h 16m     | AN <sub>+</sub> bis AN <sub>-</sub> | ☾    | 15:06      | 00:05      | 01:59                      | 1h 51m     | 03:51 | 59m        | 04:50 | 45m        | 05:36      | 15h 47m    | 21:24                   | 45m        | 22:09 | 58m        | 23:08 | 1h 44m     | 00:53*   | 8h 13m                     | 1h 16m     |                |            |                                     | Mi, 26. Jul |
| Do, 27. Jul | MESZ  | 00:45* – 02:17*            | 1h 32m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 16:28      | 00:20      | 02:09                      | 1h 44m     | 03:53 | 58m        | 04:52 | 45m        | 05:38      | 15h 44m    | 21:22                   | 45m        | 22:08 | 58m        | 23:06 | 1h 38m     | 00:45*   | 8h 16m                     | 1h 32m     |                |            |                                     | Do, 27. Jul |
| Fr, 28. Jul | MESZ  | 01:09* – 02:24*            | 1h 14m     | M <sub>\</sub> bis AN <sub>-</sub>  |      | 17:53      | 00:40      | 02:17                      | 1h 38m     | 03:56 | 58m        | 04:54 | 45m        | 05:39      | 15h 41m    | 21:21                   | 44m        | 22:06 | 57m        | 23:03 | 1h 34m     | 00:38*   | 8h 19m                     | 1h 46m     |                |            |                                     | Fr, 28. Jul |
| Sa, 29. Jul | MESZ  | 01:55* – 02:30*            | 35m        | M <sub>\</sub> bis AN <sub>-</sub>  |      | 19:14      | 01:09      | 02:24                      | 1h 34m     | 03:58 | 57m        | 04:56 | 44m        | 05:41      | 15h 38m    | 21:19                   | 44m        | 22:04 | 56m        | 23:01 | 1h 30m     | 00:31*   | 8h 22m                     | 1h 58m     |                |            |                                     | Sa, 29. Jul |
| So, 30. Jul | MESZ  | —:—:—:—:—                  | –          | Mond stört                          |      | 20:23      | 01:55      | 02:30                      | 1h 30m     | 04:01 | 56m        | 04:57 | 44m        | 05:42      | 15h 35m    | 21:18                   | 44m        | 22:02 | 56m        | 22:58 | 1h 27m     | 00:26*   | 8h 25m                     | 2h 10m     |                |            |                                     | So, 30. Jul |
| Mo, 31. Jul | MESZ  | —:—:—:—:—                  | –          | Mond stört                          |      | 21:13      | 03:01      | 02:36                      | 1h 27m     | 04:03 | 56m        | 04:59 | 44m        | 05:44      | 15h 32m    | 21:16                   | 44m        | 22:00 | 55m        | 22:56 | 1h 24m     | 00:20*   | 8h 28m                     | 2h 21m     |                |            |                                     | Mo, 31. Jul |
| Di, 1. Aug  | MESZ  | —:—:~:~:~                  | –          | Mond stört                          | ☾    | 21:47      | 04:26      | 02:41                      | 1h 24m     | 04:05 | 55m        | 05:01 | 44m        | 05:45      | 15h 29m    | 21:15                   | 43m        | 21:58 | 54m        | 22:53 | 1h 21m     | 00:15*   | 8h 32m                     | 2h 31m     |                |            |                                     | Di, 1. Aug  |
| Mi, 2. Aug  | MESZ  | —:~:~:~:~                  | –          | Mond stört                          |      | 22:11      | 06:02      | 02:46                      | 1h 21m     | 04:08 | 55m        | 05:03 | 43m        | 05:47      | 15h 26m    | 21:13                   | 43m        | 21:56 | 54m        | 22:51 | 1h 19m     | 00:10*   | 8h 35m                     | 2h 40m     |                |            |                                     | Mi, 2. Aug  |
| Do, 3. Aug  | MESZ  | —:~:~:~:~                  | –          | Mond stört                          |      | 22:28      | 07:39      | 02:51                      | 1h 19m     | 04:10 | 54m        | 05:05 | 43m        | 05:48      | 15h 23m    | 21:11                   | 43m        | 21:55 | 53m        | 22:48 | 1h 16m     | 00:05*   | 8h 38m                     | 2h 50m     |                |            |                                     | Do, 3. Aug  |
| Fr, 4. Aug  | MESZ  | —:~:~:~:~                  | –          | Mond stört                          |      | 22:42      | 09:12      | 02:56                      | 1h 16m     | 04:13 | 53m        | 05:06 | 43m        | 05:50      | 15h 19m    | 21:09                   | 43m        | 21:53 | 53m        | 22:46 | 1h 14m     | 00:01*   | 8h 41m                     | 2h 59m     |                |            |                                     | Fr, 4. Aug  |
| Sa, 5. Aug  | MESZ  | —:~:~:~:~                  | –          | Mond stört                          |      | 22:55      | 10:41      | 03:00                      | 1h 14m     | 04:15 | 53m        | 05:08 | 43m        | 05:51      | 15h 16m    | 21:08                   | 42m        | 21:50 | 52m        | 22:43 | 1h 13m     | 23:56    | 8h 45m                     | 3h 07m     |                |            |                                     | Sa, 5. Aug  |
| So, 6. Aug  | MESZ  | —:~:~:~:~                  | –          | Mond stört                          |      | 23:08      | 12:06      | 03:04                      | 1h 13m     | 04:17 | 52m        | 05:10 | 42m        | 05:53      | 15h 13m    | 21:06                   | 42m        | 21:48 | 52m        | 22:41 | 1h 11m     | 23:52    | 8h 48m                     | 3h 16m     |                |            |                                     | So, 6. Aug  |
| Mo, 7. Aug  | MESZ  | —:~:~:~:~                  | –          | Mond stört                          |      | 23:22      | 13:31      | 03:08                      | 1h 11m     | 04:20 | 52m        | 05:12 | 42m        | 05:54      | 15h 09m    | 21:04                   | 42m        | 21:46 | 51m        | 22:38 | 1h 09m     | 23:48    | 8h 51m                     | 3h 24m     |                |            |                                     | Mo, 7. Aug  |
| Di, 8. Aug  | MESZ  | —:~:~:~:~                  | –          | Mond stört                          | ☾    | 23:39      | 14:53      | 03:12                      | 1h 09m     | 04:22 | 51m        | 05:14 | 42m        | 05:56      | 15h 06m    | 21:02                   | 42m        | 21:44 | 51m        | 22:36 | 1h 08m     | 23:44    | 8h 55m                     | 3h 32m     |                |            |                                     | Di, 8. Aug  |
| Mi, 9. Aug  | MESZ  | 23:40 – 00:02*             | 21m        | AN <sub>+</sub> bis M <sub>\</sub>  |      | —:—        | 16:15      | 03:16                      | 1h 08m     | 04:24 | 51m        | 05:16 | 42m        | 05:58      | 15h 02m    | 21:00                   | 41m        | 21:42 | 50m        | 22:33 | 1h 06m     | 23:40    | 8h 58m                     | 3h 40m     |                |            |                                     | Mi, 9. Aug  |
| Do, 10. Aug | MESZ  | 23:36 – 00:32*             | 56m        | AN <sub>+</sub> bis M <sub>\</sub>  |      | 00:02      | 17:31      | 03:20                      | 1h 06m     | 04:27 | 50m        | 05:17 | 41m        | 05:59      | 14h 59m    | 20:58                   | 41m        | 21:40 | 50m        | 22:30 | 1h 05m     | 23:36    | 9h 02m                     | 3h 47m     |                |            |                                     | Do, 10. Aug |
| Fr, 11. Aug | MESZ  | 23:32 – 01:14*             | 1h 42m     | AN <sub>+</sub> bis M <sub>\</sub>  |      | 00:32      | 18:38      | 03:23                      | 1h 05m     | 04:29 | 50m        | 05:19 | 41m        | 06:01      | 14h 55m    | 20:57                   | 41m        | 21:38 | 49m        | 22:28 | 1h 04m     | 23:32    | 9h 05m                     | 3h 55m     |                |            |                                     | Fr, 11. Aug |
| Sa, 12. Aug | MESZ  | 23:28 – 02:09*             | 2h 41m     | AN <sub>+</sub> bis M <sub>\</sub>  |      | 01:14      | 19:33      | 03:27                      | 1h 04m     | 04:31 | 49m        | 05:21 | 41m        | 06:02      | 14h 52m    | 20:55                   | 41m        | 21:36 | 49m        | 22:25 | 1h 02m     | 23:28    | 9h 09m                     | 4h 02m     |                |            |                                     | Sa, 12. Aug |
| So, 13. Aug | MESZ  | 23:24 – 03:15*             | 3h 50m     | AN <sub>+</sub> bis M <sub>\</sub>  |      | 02:09      | 20:13      | 03:30                      | 1h 03m     | 04:33 | 49m        | 05:23 | 41m        | 06:04      | 14h 48m    | 20:53                   | 40m        | 21:34 | 48m        | 22:22 | 1h 01m     | 23:24    | 9h 13m                     | 4h 09m     |                |            |                                     | So, 13. Aug |
| Mo, 14. Aug | MESZ  | 23:21 – 03:37*             | 4h 16m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 03:15      | 20:42      | 03:34                      | 1h 01m     | 04:36 | 48m        | 05:25 | 40m        | 06:06      | 14h 45m    | 20:51                   | 40m        | 21:31 | 48m        | 22:20 | 1h 00m     | 23:21    | 9h 16m                     | 4h 16m     |                |            |                                     | Mo, 14. Aug |
| Di, 15. Aug | MESZ  | 23:17 – 03:40*             | 4h 23m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 04:26      | 21:03      | 03:37                      | 1h 00m     | 04:38 | 48m        | 05:27 | 40m        | 06:07      | 14h 41m    | 20:49                   | 40m        | 21:29 | 48m        | 22:17 | 59m        | 23:17    | 9h 20m                     | 4h 23m     |                |            |                                     | Di, 15. Aug |
| Mi, 16. Aug | MESZ  | 23:13 – 03:44*             | 4h 30m     | AN <sub>+</sub> bis AN <sub>-</sub> | ☾    | 05:39      | 21:18      | 03:40                      | 59m        | 04:40 | 48m        | 05:28 | 40m        | 06:09      | 14h 37m    | 20:47                   | 40m        | 21:27 | 47m        | 22:15 | 58m        | 23:13    | 9h 23m                     | 4h 30m     |                |            |                                     | Mi, 16. Aug |
| Do, 17. Aug | MESZ  | 23:10 – 03:47*             | 4h 36m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 06:52      | 21:31      | 03:44                      | 58m        | 04:43 | 47m        | 05:30 | 40m        | 06:11      | 14h 34m    | 20:45                   | 40m        | 21:25 | 47m        | 22:12 | 57m        | 23:10    | 9h 27m                     | 4h 36m     |                |            |                                     | Do, 17. Aug |
| Fr, 18. Aug | MESZ  | 23:06 – 03:50*             | 4h 43m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 08:03      | 21:41      | 03:47                      | 57m        | 04:45 | 47m        | 05:32 | 40m        | 06:12      | 14h 30m    | 20:43                   | 39m        | 21:22 | 46m        | 22:09 | 57m        | 23:06    | 9h 31m                     | 4h 43m     |                |            |                                     | Fr, 18. Aug |
| Sa, 19. Aug | MESZ  | 23:03 – 03:53*             | 4h 50m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 09:14      | 21:51      | 03:50                      | 57m        | 04:47 | 46m        | 05:34 | 39m        | 06:14      | 14h 26m    | 20:40                   | 39m        | 21:20 | 46m        | 22:07 | 56m        | 23:03    | 9h 34m                     | 4h 50m     |                |            |                                     | Sa, 19. Aug |
| So, 20. Aug | MESZ  | 22:59 – 03:56*             | 4h 56m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 10:25      | 22:01      | 03:53                      | 56m        | 04:49 | 46m        | 05:36 | 39m        | 06:15      | 14h 22m    | 20:38                   | 39m        | 21:18 | 46m        | 22:04 | 55m        | 22:59    | 9h 38m                     | 4h 56m     |                |            |                                     | So, 20. Aug |
| Mo, 21. Aug | MESZ  | 22:56 – 03:59*             | 5h 02m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 11:37      | 22:11      | 03:56                      | 55m        | 04:51 | 46m        | 05:38 | 39m        | 06:17      | 14h 19m    | 20:36                   | 39m        | 21:16 | 45m        | 22:01 | 54m        | 22:56    | 9h 42m                     | 5h 02m     |                |            |                                     | Mo, 21. Aug |
| Di, 22. Aug | MESZ  | 22:53 – 04:02*             | 5h 09m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 12:52      | 22:24      | 03:59                      | 54m        | 04:54 | 45m        | 05:39 | 39m        | 06:19      | 14h 15m    | 20:34                   | 39m        | 21:13 | 45m        | 21:59 | 53m        | 22:53    | 9h 46m                     | 5h 09m     |                |            |                                     | Di, 22. Aug |
| Mi, 23. Aug | MESZ  | 22:49 – 04:05*             | 5h 15m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 14:10      | 22:42      | 04:02                      | 53m        | 04:56 | 45m        | 05:41 | 39m        | 06:20      | 14h 11m    | 20:32                   | 38m        | 21:11 | 45m        | 21:56 | 53m        | 22:49    | 9h 49m                     | 5h 15m     |                |            |                                     | Mi, 23. Aug |
| Do, 24. Aug | MESZ  | 23:06 – 04:07*             | 5h 01m     | M <sub>\</sub> bis AN <sub>-</sub>  | ☾    | 15:32      | 23:06      | 04:05                      | 53m        | 04:58 | 45m        | 05:43 | 38m        | 06:22      | 14h 07m    | 20:30                   | 38m        | 21:09 | 44m        | 21:53 | 52m        | 22:46    | 9h 53m                     | 5h 21m     |                |            |                                     | Do, 24. Aug |
| Fr, 25. Aug | MESZ  | 23:42 – 04:10*             | 4h 27m     | M <sub>\</sub> bis AN <sub>-</sub>  |      | 16:53      | 23:42      | 04:07                      | 52m        | 05:00 | 44m        | 05:45 | 38m        | 06:24      | 14h 04m    | 20:28                   | 38m        | 21:06 | 44m        | 21:51 | 51m        | 22:43    | 9h 57m                     | 5h 27m     |                |            |                                     | Fr, 25. Aug |
| Sa, 26. Aug | MESZ  | 00:37* – 04:13*            | 3h 35m     | M <sub>\</sub> bis AN <sub>-</sub>  |      | 18:06      | —:—        | 04:10                      | 51m        | 05:02 | 44m        | 05:47 | 38m        | 06:25      | 14h 00m    | 20:25                   | 38m        | 21:04 | 44m        | 21:48 | 51m        | 22:39    | 10h 01m                    | 5h 33m     |                |            |                                     | Sa, 26. Aug |
| So, 27. Aug | MESZ  | 01:52* – 04:15*            | 2h 23m     | M <sub>\</sub> bis AN <sub>-</sub>  |      | 19:03      | 00:37      | 04:13                      | 51m        | 05:04 | 44m        | 05:48 | 38m        | 06:27      | 13h 56m    | 20:23                   | 38m        | 21:02 | 43m        | 21:45 | 50m        | 22:36    | 10h 05m                    | 5h 39m     |                |            |                                     | So, 27. Aug |
| Mo, 28. Aug | MESZ  | 03:23* – 04:18*            | 55m        | M <sub>\</sub> bis AN <sub>-</sub>  |      | 19:44      | 01:52      | 04:15                      | 50m        | 05:06 | 43m        | 05:50 | 38m        | 06:28      | 13h 52m    | 20:21                   | 38m        | 20:59 | 43m        | 21:43 | 50m        | 22:33    | 10h 08m                    | 5h 45m     |                |            |                                     | Mo, 28. Aug |
| Di, 29. Aug | MESZ  | —:~:~:~:~                  | –          | Mond stört                          |      | 20:11      | 03:23      | 04:18                      | 50m        | 05:08 | 43m        | 05:52 | 38m        | 06:30      | 13h 48m    | 20:19                   | 37m        | 20:57 | 43m        | 21:40 | 49m        | 22:30    | 10h 12m                    | 5h 50m     |                |            |                                     | Di, 29. Aug |
| Mi, 30. Aug | MESZ  | —:~:~:~:~                  | –          | Mond stört                          |      | 20:31      | 05:00      | 04:21                      | 49m        | 05:10 | 43m        | 05:54 | 37m        | 06:32      | 13h 44m    | 20:17                   | 37m        | 20:54 | 43m        | 21:37 | 49m        | 22:27    | 10h 16m                    | 5h 56m     |                |            |                                     |             |

| 1           | 2        | 3                          | 4          | 5                                   | 6    | 7          | 8          | 9                          | 10         | 11    | 12         | 13    | 14         | 15         | 16         | 17                      | 18         | 19    | 20         | 21    | 22         | 23       | 24                         | 25         | 26 | 27         | 28 | 29          |
|-------------|----------|----------------------------|------------|-------------------------------------|------|------------|------------|----------------------------|------------|-------|------------|-------|------------|------------|------------|-------------------------|------------|-------|------------|-------|------------|----------|----------------------------|------------|----|------------|----|-------------|
| 2023        | Zeitzone | Astr. dunkel und kein Mond |            |                                     | Mond |            |            | Beginn der Morgendämmerung |            |       |            |       | Sonne      |            |            | Ende der Abenddämmerung |            |       |            |       | Nacht      | Astr. N. | Naut. dunkel und kein Mond |            |    | 2023       |    |             |
|             |          |                            | $\Delta t$ |                                     | Ph.  | $\nearrow$ | $\searrow$ | Astr.                      | $\Delta t$ | Naut. | $\Delta t$ | Bürg. | $\Delta t$ | $\nearrow$ | $\Delta t$ | $\searrow$              | $\Delta t$ | Bürg. | $\Delta t$ | Naut. | $\Delta t$ | Astr.    | $\Delta t$                 | $\Delta t$ |    | $\Delta t$ |    |             |
| Fr, 8. Sep  | MESZ     | 21:59–00:01*               | 2h 01m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | —:—        | 17:31      | 04:42                      | 45m        | 05:28 | 41m        | 06:09 | 36m        | 06:46      | 13h 09m    | 19:56                   | 36m        | 20:33 | 41m        | 21:14 | 45m        | 21:59    | 10h 51m                    | 6h 45m     |    |            |    | Fr, 8. Sep  |
| Sa, 9. Sep  | MESZ     | 21:56–01:04*               | 3h 07m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | 00:01      | 18:15      | 04:45                      | 45m        | 05:30 | 41m        | 06:11 | 36m        | 06:48      | 13h 05m    | 19:54                   | 36m        | 20:30 | 40m        | 21:11 | 44m        | 21:56    | 10h 55m                    | 6h 50m     |    |            |    | Sa, 9. Sep  |
| So, 10. Sep | MESZ     | 21:53–02:14*               | 4h 20m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | 01:04      | 18:47      | 04:47                      | 45m        | 05:32 | 40m        | 06:13 | 36m        | 06:49      | 13h 02m    | 19:52                   | 36m        | 20:28 | 40m        | 21:09 | 44m        | 21:53    | 10h 59m                    | 6h 55m     |    |            |    | So, 10. Sep |
| Mo, 11. Sep | MESZ     | 21:50–03:28*               | 5h 37m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | 02:14      | 19:10      | 04:49                      | 44m        | 05:34 | 40m        | 06:15 | 36m        | 06:51      | 12h 58m    | 19:49                   | 36m        | 20:26 | 40m        | 21:06 | 44m        | 21:50    | 11h 03m                    | 7h 00m     |    |            |    | Mo, 11. Sep |
| Di, 12. Sep | MESZ     | 21:48–04:41*               | 6h 53m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | 03:28      | 19:26      | 04:51                      | 44m        | 05:36 | 40m        | 06:16 | 36m        | 06:53      | 12h 54m    | 19:47                   | 36m        | 20:23 | 40m        | 21:04 | 44m        | 21:48    | 11h 07m                    | 7h 05m     |    |            |    | Di, 12. Sep |
| Mi, 13. Sep | MESZ     | 21:45–04:56*               | 7h 10m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 04:41      | 19:39      | 04:53                      | 44m        | 05:38 | 40m        | 06:18 | 36m        | 06:54      | 12h 50m    | 19:45                   | 36m        | 20:21 | 40m        | 21:01 | 43m        | 21:45    | 11h 11m                    | 7h 10m     |    |            |    | Mi, 13. Sep |
| Do, 14. Sep | MESZ     | 21:42–04:58*               | 7h 15m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 05:53      | 19:50      | 04:56                      | 43m        | 05:39 | 40m        | 06:20 | 36m        | 06:56      | 12h 46m    | 19:42                   | 36m        | 20:18 | 40m        | 20:58 | 43m        | 21:42    | 11h 15m                    | 7h 15m     |    |            |    | Do, 14. Sep |
| Fr, 15. Sep | MESZ     | 21:39–05:00*               | 7h 20m     | AN <sub>+</sub> bis AN <sub>-</sub> | ●    | 07:04      | 20:00      | 04:58                      | 43m        | 05:41 | 40m        | 06:21 | 36m        | 06:58      | 12h 42m    | 19:40                   | 36m        | 20:16 | 39m        | 20:56 | 43m        | 21:39    | 11h 19m                    | 7h 20m     |    |            |    | Fr, 15. Sep |
| Sa, 16. Sep | MESZ     | 21:36–05:02*               | 7h 25m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 08:15      | 20:10      | 05:00                      | 43m        | 05:43 | 39m        | 06:23 | 36m        | 06:59      | 12h 38m    | 19:38                   | 36m        | 20:14 | 39m        | 20:53 | 42m        | 21:36    | 11h 23m                    | 7h 25m     |    |            |    | Sa, 16. Sep |
| So, 17. Sep | MESZ     | 21:34–05:04*               | 7h 30m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 09:27      | 20:20      | 05:02                      | 42m        | 05:45 | 39m        | 06:25 | 36m        | 07:01      | 12h 34m    | 19:35                   | 35m        | 20:11 | 39m        | 20:51 | 42m        | 21:34    | 11h 27m                    | 7h 30m     |    |            |    | So, 17. Sep |
| Mo, 18. Sep | MESZ     | 21:31–05:06*               | 7h 35m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 10:41      | 20:32      | 05:04                      | 42m        | 05:47 | 39m        | 06:26 | 36m        | 07:02      | 12h 30m    | 19:33                   | 35m        | 20:09 | 39m        | 20:48 | 42m        | 21:31    | 11h 31m                    | 7h 35m     |    |            |    | Mo, 18. Sep |
| Di, 19. Sep | MESZ     | 21:28–05:08*               | 7h 39m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 11:59      | 20:47      | 05:06                      | 42m        | 05:49 | 39m        | 06:28 | 35m        | 07:04      | 12h 26m    | 19:31                   | 35m        | 20:06 | 39m        | 20:46 | 42m        | 21:28    | 11h 35m                    | 7h 39m     |    |            |    | Di, 19. Sep |
| Mi, 20. Sep | MESZ     | 21:25–05:10*               | 7h 44m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 13:19      | 21:08      | 05:08                      | 42m        | 05:50 | 39m        | 06:30 | 35m        | 07:06      | 12h 22m    | 19:28                   | 35m        | 20:04 | 39m        | 20:43 | 42m        | 21:25    | 11h 39m                    | 7h 44m     |    |            |    | Mi, 20. Sep |
| Do, 21. Sep | MESZ     | 21:39–05:12*               | 7h 33m     | M <sub>\</sub> bis AN <sub>-</sub>  |      | 14:40      | 21:39      | 05:10                      | 42m        | 05:52 | 39m        | 06:31 | 35m        | 07:07      | 12h 18m    | 19:26                   | 35m        | 20:02 | 39m        | 20:41 | 41m        | 21:23    | 11h 43m                    | 7h 49m     |    |            |    | Do, 21. Sep |
| Fr, 22. Sep | MESZ     | 22:25–05:14*               | 6h 49m     | M <sub>\</sub> bis AN <sub>-</sub>  | ☾    | 15:55      | 22:25      | 05:12                      | 41m        | 05:54 | 39m        | 06:33 | 35m        | 07:09      | 12h 14m    | 19:24                   | 35m        | 19:59 | 39m        | 20:38 | 41m        | 21:20    | 11h 47m                    | 7h 54m     |    |            |    | Fr, 22. Sep |
| Sa, 23. Sep | MESZ     | 23:30–05:16*               | 5h 46m     | M <sub>\</sub> bis AN <sub>-</sub>  |      | 16:56      | 23:30      | 05:14                      | 41m        | 05:56 | 39m        | 06:35 | 35m        | 07:11      | 12h 10m    | 19:21                   | 35m        | 19:57 | 38m        | 20:36 | 41m        | 21:17    | 11h 51m                    | 7h 58m     |    |            |    | Sa, 23. Sep |
| So, 24. Sep | MESZ     | 00:52*–05:18*              | 4h 25m     | M <sub>\</sub> bis AN <sub>-</sub>  |      | 17:41      | —:—        | 05:16                      | 41m        | 05:57 | 39m        | 06:37 | 35m        | 07:12      | 12h 06m    | 19:19                   | 35m        | 19:55 | 38m        | 20:33 | 41m        | 21:15    | 11h 55m                    | 8h 03m     |    |            |    | So, 24. Sep |
| Mo, 25. Sep | MESZ     | 02:24*–05:20*              | 2h 55m     | M <sub>\</sub> bis AN <sub>-</sub>  |      | 18:12      | 00:52      | 05:18                      | 41m        | 05:59 | 38m        | 06:38 | 35m        | 07:14      | 12h 02m    | 19:17                   | 35m        | 19:52 | 38m        | 20:31 | 41m        | 21:12    | 11h 59m                    | 8h 07m     |    |            |    | Mo, 25. Sep |
| Di, 26. Sep | MESZ     | 03:59*–05:22*              | 1h 22m     | M <sub>\</sub> bis AN <sub>-</sub>  |      | 18:34      | 02:24      | 05:20                      | 41m        | 06:01 | 38m        | 06:40 | 35m        | 07:16      | 11h 58m    | 19:14                   | 35m        | 19:50 | 38m        | 20:29 | 40m        | 21:09    | 12h 03m                    | 8h 12m     |    |            |    | Di, 26. Sep |
| Mi, 27. Sep | MESZ     | —:—:—:—                    | –          | Mond stört                          |      | 18:51      | 03:59      | 05:22                      | 40m        | 06:03 | 38m        | 06:41 | 35m        | 07:17      | 11h 54m    | 19:12                   | 35m        | 19:48 | 38m        | 20:26 | 40m        | 21:07    | 12h 06m                    | 8h 16m     |    |            |    | Mi, 27. Sep |
| Do, 28. Sep | MESZ     | —:—:—:—                    | –          | Mond stört                          |      | 19:05      | 05:32      | 05:24                      | 40m        | 06:04 | 38m        | 06:43 | 35m        | 07:19      | 11h 50m    | 19:10                   | 35m        | 19:45 | 38m        | 20:24 | 40m        | 21:04    | 12h 10m                    | 8h 21m     |    |            |    | Do, 28. Sep |
| Fr, 29. Sep | MESZ     | —:—:—:—                    | –          | Mond stört                          | ☉    | 19:17      | 07:03      | 05:25                      | 40m        | 06:06 | 38m        | 06:45 | 35m        | 07:21      | 11h 46m    | 19:07                   | 35m        | 19:43 | 38m        | 20:21 | 40m        | 21:02    | 12h 14m                    | 8h 25m     |    |            |    | Fr, 29. Sep |
| Sa, 30. Sep | MESZ     | —:—:—:—                    | –          | Mond stört                          |      | 19:31      | 08:33      | 05:27                      | 40m        | 06:08 | 38m        | 06:46 | 35m        | 07:22      | 11h 42m    | 19:05                   | 35m        | 19:41 | 38m        | 20:19 | 40m        | 20:59    | 12h 18m                    | 8h 29m     |    |            |    | Sa, 30. Sep |
| So, 1. Okt  | MESZ     | —:—:—:—                    | –          | Mond stört                          |      | 19:45      | 10:02      | 05:29                      | 40m        | 06:10 | 38m        | 06:48 | 35m        | 07:24      | 11h 38m    | 19:03                   | 35m        | 19:38 | 38m        | 20:17 | 40m        | 20:57    | 12h 22m                    | 8h 34m     |    |            |    | So, 1. Okt  |
| Mo, 2. Okt  | MESZ     | —:—:~:~:~                  | –          | Mond stört                          |      | 20:04      | 11:31      | 05:31                      | 40m        | 06:11 | 38m        | 06:50 | 35m        | 07:26      | 11h 34m    | 19:00                   | 35m        | 19:36 | 38m        | 20:14 | 40m        | 20:54    | 12h 26m                    | 8h 38m     |    |            |    | Mo, 2. Okt  |
| Di, 3. Okt  | MESZ     | —:~:~:~:~                  | –          | Mond stört                          |      | 20:29      | 12:57      | 05:33                      | 40m        | 06:13 | 38m        | 06:51 | 35m        | 07:27      | 11h 30m    | 18:58                   | 35m        | 19:34 | 38m        | 20:12 | 39m        | 20:52    | 12h 30m                    | 8h 42m     |    |            |    | Di, 3. Okt  |
| Mi, 4. Okt  | MESZ     | 20:50–21:04                | 14m        | AN <sub>+</sub> bis M <sub>7</sub>  |      | 21:04      | 14:16      | 05:35                      | 40m        | 06:15 | 38m        | 06:53 | 35m        | 07:29      | 11h 26m    | 18:56                   | 35m        | 19:31 | 38m        | 20:10 | 39m        | 20:50    | 12h 34m                    | 8h 46m     |    |            |    | Mi, 4. Okt  |
| Do, 5. Okt  | MESZ     | 20:47–21:51                | 1h 04m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | 21:51      | 15:23      | 05:36                      | 39m        | 06:16 | 38m        | 06:55 | 35m        | 07:31      | 11h 22m    | 18:53                   | 35m        | 19:29 | 38m        | 20:07 | 39m        | 20:47    | 12h 38m                    | 8h 51m     |    |            |    | Do, 5. Okt  |
| Fr, 6. Okt  | MESZ     | 20:45–22:51                | 2h 06m     | AN <sub>+</sub> bis M <sub>7</sub>  | ☾    | 22:51      | 16:14      | 05:38                      | 39m        | 06:18 | 38m        | 06:56 | 35m        | 07:32      | 11h 18m    | 18:51                   | 35m        | 19:27 | 38m        | 20:05 | 39m        | 20:45    | 12h 42m                    | 8h 55m     |    |            |    | Fr, 6. Okt  |
| Sa, 7. Okt  | MESZ     | 20:42–00:00*               | 3h 17m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | —:—        | 16:50      | 05:40                      | 39m        | 06:20 | 38m        | 06:58 | 35m        | 07:34      | 11h 15m    | 18:49                   | 35m        | 19:25 | 38m        | 20:03 | 39m        | 20:42    | 12h 46m                    | 8h 59m     |    |            |    | Sa, 7. Okt  |
| So, 8. Okt  | MESZ     | 20:40–01:13*               | 4h 33m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | 00:00      | 17:16      | 05:42                      | 39m        | 06:21 | 38m        | 07:00 | 35m        | 07:36      | 11h 11m    | 18:47                   | 35m        | 19:22 | 38m        | 20:01 | 39m        | 20:40    | 12h 50m                    | 9h 03m     |    |            |    | So, 8. Okt  |
| Mo, 9. Okt  | MESZ     | 20:38–02:27*               | 5h 49m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | 01:13      | 17:34      | 05:44                      | 39m        | 06:23 | 38m        | 07:01 | 35m        | 07:37      | 11h 07m    | 18:44                   | 35m        | 19:20 | 38m        | 19:58 | 39m        | 20:38    | 12h 54m                    | 9h 07m     |    |            |    | Mo, 9. Okt  |
| Di, 10. Okt | MESZ     | 20:36–03:40*               | 7h 04m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | 02:27      | 17:48      | 05:45                      | 39m        | 06:25 | 38m        | 07:03 | 35m        | 07:39      | 11h 03m    | 18:42                   | 35m        | 19:18 | 38m        | 19:56 | 39m        | 20:36    | 12h 58m                    | 9h 11m     |    |            |    | Di, 10. Okt |
| Mi, 11. Okt | MESZ     | 20:33–04:51*               | 8h 17m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | 03:40      | 17:59      | 05:47                      | 39m        | 06:26 | 38m        | 07:05 | 35m        | 07:41      | 10h 59m    | 18:40                   | 35m        | 19:16 | 38m        | 19:54 | 39m        | 20:33    | 13h 02m                    | 9h 15m     |    |            |    | Mi, 11. Okt |
| Do, 12. Okt | MESZ     | 20:31–05:51*               | 9h 19m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 04:51      | 18:09      | 05:49                      | 39m        | 06:28 | 38m        | 07:06 | 35m        | 07:42      | 10h 55m    | 18:38                   | 35m        | 19:14 | 38m        | 19:52 | 39m        | 20:31    | 13h 06m                    | 9h 19m     |    |            |    | Do, 12. Okt |
| Fr, 13. Okt | MESZ     | 20:29–05:52*               | 9h 23m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 06:03      | 18:19      | 05:51                      | 39m        | 06:30 | 38m        | 07:08 | 36m        | 07:44      | 10h 51m    | 18:36                   | 35m        | 19:11 | 38m        | 19:50 | 39m        | 20:29    | 13h 10m                    | 9h 23m     |    |            |    | Fr, 13. Okt |
| Sa, 14. Okt | MESZ     | 20:27–05:54*               | 9h 27m     | AN <sub>+</sub> bis AN <sub>-</sub> | ●    | 07:15      | 18:29      | 05:52                      | 39m        | 06:31 | 38m        | 07:10 | 36m        | 07:46      | 10h 47m    | 18:33                   | 36m        | 19:09 | 38m        | 19:48 | 39m        | 20:27    | 13h 14m                    | 9h 27m     |    |            |    | Sa, 14. Okt |
| So, 15. Okt | MESZ     | 20:25–05:56*               | 9h 31m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 08:29      | 18:40      | 05:54                      | 39m        | 06:33 | 38m        | 07:11 | 36m        | 07:48      | 10h 43m    | 18:31                   | 36m        | 19:07 | 38m        | 19:45 | 39m        | 20:25    | 13h 18m                    | 9h 31m     |    |            |    | So, 15. Okt |
| Mo, 16. Okt | MESZ     | 20:22–05:57*               | 9h 34m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 09:47      | 18:54      | 05:56                      | 39m        | 06:35 | 38m        | 07:13 | 36m        | 07:49      | 10h 39m    | 18:29                   | 36m        | 19:05 | 38m        | 19:43 | 39m        | 20:22    | 13h 22m                    | 9h 34m     |    |            |    | Mo, 16. Okt |
| Di, 17. Okt | MESZ     | 20:20–05:59*               | 9h 38m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 11:07      | 19:13      | 05:57                      | 39m        | 06:36 | 38m        | 07:15 | 36m        | 07:51      | 10h 35m    | 18:27                   | 36m        | 19:03 | 38m        | 19:41 | 39m        | 20:20    | 13h 25m                    | 9h 38m     |    |            |    | Di, 17. Okt |
| Mi, 18. Okt | MESZ     | 20:18–06:01*               | 9h 42m     | AN <sub>+</sub> bis AN <sub>-</sub> |      | 12:29      | 19:41      | 05:59                      | 39m        | 06:38 | 38m        | 07:16 | 36m        | 07:53      | 10h 31m    | 18:25                   | 36m        | 19:01 | 38m        | 19:39 | 38m        | 20:18    | 13h 29m                    | 9h 42m     |    |            |    | Mi, 18. Okt |
| Do, 19. Okt | MESZ     | 20:21–06:02*               | 9h 41m     | M <sub>\</sub> bis AN <sub>-</sub>  |      | 13:46      | 20:21      | 06:01                      | 39m        | 06:40 | 38m        | 07:18 | 36m        | 07:55      | 10h 28m    | 18:23                   | 36m        | 18:59 | 38m        | 19:37 | 38m        | 20:16    | 13h 33                     |            |    |            |    |             |

| 1           | 2        | 3                          | 4          | 5                                   | 6    | 7          | 8          | 9                          | 10         | 11    | 12         | 13    | 14         | 15         | 16         | 17                      | 18         | 19    | 20         | 21    | 22         | 23       | 24                         | 25         | 26 | 27         | 28 | 29          |
|-------------|----------|----------------------------|------------|-------------------------------------|------|------------|------------|----------------------------|------------|-------|------------|-------|------------|------------|------------|-------------------------|------------|-------|------------|-------|------------|----------|----------------------------|------------|----|------------|----|-------------|
| 2023        | Zeitzone | Astr. dunkel und kein Mond |            |                                     | Mond |            |            | Beginn der Morgendämmerung |            |       |            |       | Sonne      |            |            | Ende der Abenddämmerung |            |       |            |       | Nacht      | Astr. N. | Naut. dunkel und kein Mond |            |    | 2023       |    |             |
|             |          |                            | $\Delta t$ |                                     | Ph.  | $\nearrow$ | $\searrow$ | Astr.                      | $\Delta t$ | Naut. | $\Delta t$ | Bürg. | $\Delta t$ | $\nearrow$ | $\Delta t$ | $\searrow$              | $\Delta t$ | Bürg. | $\Delta t$ | Naut. | $\Delta t$ | Astr.    | $\Delta t$                 | $\Delta t$ |    | $\Delta t$ |    |             |
| Sa, 28. Okt | MESZ     | —:—:—:—                    | —          | Mond stört                          | ○    | 17:49      | 07:29      | 06:15                      | 39m        | 06:54 | 38m        | 07:33 | 37m        | 08:10      | 9h 53m     | 18:04                   | 37m        | 18:42 | 38m        | 19:20 | 38m        | 19:59    | 14h 07m                    | 10h 17m    |    |            |    | Sa, 28. Okt |
| So, 29. Okt |          | —:—:—:—                    | —          | Mond stört                          |      | 17:06      | 07:58      | 05:17                      | 39m        | 05:56 | 38m        | 06:35 | 37m        | 07:12      | 9h 50m     | 17:02                   | 37m        | 17:40 | 38m        | 18:18 | 38m        | 18:57    | 14h 11m                    | 10h 21m    |    |            |    | So, 29. Okt |
| Mo, 30. Okt |          | —:—:—:—                    | —          | Mond stört                          |      | 17:28      | 09:26      | 05:19                      | 39m        | 05:58 | 38m        | 06:37 | 37m        | 07:14      | 9h 46m     | 17:01                   | 37m        | 17:38 | 38m        | 18:17 | 38m        | 18:56    | 14h 15m                    | 10h 24m    |    |            |    | Mo, 30. Okt |
| Di, 31. Okt |          | —:—:~:~:~                  | —          | Mond stört                          |      | 17:58      | 10:51      | 05:20                      | 39m        | 05:59 | 38m        | 06:38 | 37m        | 07:16      | 9h 42m     | 16:59                   | 37m        | 17:36 | 38m        | 18:15 | 38m        | 18:54    | 14h 18m                    | 10h 27m    |    |            |    | Di, 31. Okt |
| Mi, 1. Nov  |          | —:~:~:~:~                  | —          | Mond stört                          |      | 18:40      | 12:06      | 05:22                      | 39m        | 06:01 | 39m        | 06:40 | 37m        | 07:18      | 9h 39m     | 16:57                   | 37m        | 17:34 | 38m        | 18:13 | 39m        | 18:52    | 14h 22m                    | 10h 30m    |    |            |    | Mi, 1. Nov  |
| Do, 2. Nov  |          | 18:51–19:36                | 45m        | AN <sub>+</sub> bis M <sub>7</sub>  |      | 19:36      | 13:06      | 05:23                      | 39m        | 06:02 | 39m        | 06:42 | 37m        | 07:19      | 9h 35m     | 16:55                   | 37m        | 17:33 | 39m        | 18:12 | 39m        | 18:51    | 14h 26m                    | 10h 34m    |    |            |    | Do, 2. Nov  |
| Fr, 3. Nov  |          | 18:49–20:43                | 1h 54m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | 20:43      | 13:49      | 05:25                      | 39m        | 06:04 | 39m        | 06:43 | 37m        | 07:21      | 9h 31m     | 16:53                   | 37m        | 17:31 | 39m        | 18:10 | 39m        | 18:49    | 14h 29m                    | 10h 37m    |    |            |    | Fr, 3. Nov  |
| Sa, 4. Nov  |          | 18:48–21:56                | 3h 08m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | 21:56      | 14:19      | 05:26                      | 39m        | 06:06 | 39m        | 06:45 | 38m        | 07:23      | 9h 28m     | 16:51                   | 38m        | 17:29 | 39m        | 18:09 | 39m        | 18:48    | 14h 33m                    | 10h 40m    |    |            |    | Sa, 4. Nov  |
| So, 5. Nov  |          | 18:46–23:11                | 4h 24m     | AN <sub>+</sub> bis M <sub>7</sub>  | ☾    | 23:11      | 14:40      | 05:28                      | 39m        | 06:07 | 39m        | 06:47 | 38m        | 07:25      | 9h 24m     | 16:50                   | 38m        | 17:28 | 39m        | 18:07 | 39m        | 18:46    | 14h 36m                    | 10h 43m    |    |            |    | So, 5. Nov  |
| Mo, 6. Nov  |          | 18:45–00:24*               | 5h 38m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | —:—        | 14:55      | 05:30                      | 39m        | 06:09 | 39m        | 06:48 | 38m        | 07:27      | 9h 21m     | 16:48                   | 38m        | 17:26 | 39m        | 18:06 | 39m        | 18:45    | 14h 40m                    | 10h 46m    |    |            |    | Mo, 6. Nov  |
| Di, 7. Nov  |          | 18:43–01:35*               | 6h 52m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | 00:24      | 15:07      | 05:31                      | 39m        | 06:10 | 39m        | 06:50 | 38m        | 07:28      | 9h 17m     | 16:46                   | 38m        | 17:25 | 39m        | 18:04 | 39m        | 18:43    | 14h 43m                    | 10h 49m    |    |            |    | Di, 7. Nov  |
| Mi, 8. Nov  |          | 18:42–02:46*               | 8h 04m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | 01:35      | 15:18      | 05:33                      | 39m        | 06:12 | 39m        | 06:52 | 38m        | 07:30      | 9h 14m     | 16:45                   | 38m        | 17:23 | 39m        | 18:03 | 39m        | 18:42    | 14h 47m                    | 10h 52m    |    |            |    | Mi, 8. Nov  |
| Do, 9. Nov  |          | 18:41–03:58*               | 9h 17m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | 02:46      | 15:27      | 05:34                      | 39m        | 06:13 | 39m        | 06:53 | 38m        | 07:32      | 9h 11m     | 16:43                   | 38m        | 17:22 | 39m        | 18:01 | 39m        | 18:41    | 14h 50m                    | 10h 55m    |    |            |    | Do, 9. Nov  |
| Fr, 10. Nov |          | 18:39–05:12*               | 10h 32m    | AN <sub>+</sub> bis M <sub>7</sub>  |      | 03:58      | 15:37      | 05:36                      | 39m        | 06:15 | 39m        | 06:55 | 38m        | 07:34      | 9h 07m     | 16:41                   | 38m        | 17:20 | 39m        | 18:00 | 39m        | 18:39    | 14h 54m                    | 10h 57m    |    |            |    | Fr, 10. Nov |
| Sa, 11. Nov |          | 18:38–05:39*               | 11h 00m    | AN <sub>+</sub> bis AN <sub>-</sub> |      | 05:12      | 15:48      | 05:37                      | 39m        | 06:17 | 39m        | 06:56 | 39m        | 07:35      | 9h 04m     | 16:40                   | 39m        | 17:19 | 39m        | 17:59 | 39m        | 18:38    | 14h 57m                    | 11h 00m    |    |            |    | Sa, 11. Nov |
| So, 12. Nov |          | 18:37–05:40*               | 11h 03m    | AN <sub>+</sub> bis AN <sub>-</sub> |      | 06:29      | 16:01      | 05:39                      | 39m        | 06:18 | 39m        | 06:58 | 39m        | 07:37      | 9h 00m     | 16:38                   | 39m        | 17:17 | 39m        | 17:57 | 39m        | 18:37    | 15h 00m                    | 11h 03m    |    |            |    | So, 12. Nov |
| Mo, 13. Nov |          | 18:36–05:42*               | 11h 05m    | AN <sub>+</sub> bis AN <sub>-</sub> | ●    | 07:49      | 16:18      | 05:40                      | 39m        | 06:20 | 40m        | 07:00 | 39m        | 07:39      | 8h 57m     | 16:37                   | 39m        | 17:16 | 40m        | 17:56 | 39m        | 18:36    | 15h 04m                    | 11h 05m    |    |            |    | Mo, 13. Nov |
| Di, 14. Nov |          | 18:34–05:43*               | 11h 08m    | AN <sub>+</sub> bis AN <sub>-</sub> |      | 09:12      | 16:43      | 05:42                      | 39m        | 06:21 | 40m        | 07:01 | 39m        | 07:41      | 8h 54m     | 16:35                   | 39m        | 17:15 | 40m        | 17:55 | 39m        | 18:34    | 15h 07m                    | 11h 08m    |    |            |    | Di, 14. Nov |
| Mi, 15. Nov |          | 18:33–05:44*               | 11h 11m    | AN <sub>+</sub> bis AN <sub>-</sub> |      | 10:34      | 17:19      | 05:43                      | 39m        | 06:23 | 40m        | 07:03 | 39m        | 07:43      | 8h 51m     | 16:34                   | 39m        | 17:13 | 40m        | 17:54 | 39m        | 18:33    | 15h 10m                    | 11h 11m    |    |            |    | Mi, 15. Nov |
| Do, 16. Nov |          | 18:32–05:46*               | 11h 13m    | AN <sub>+</sub> bis AN <sub>-</sub> |      | 11:45      | 18:13      | 05:44                      | 39m        | 06:24 | 40m        | 07:04 | 39m        | 07:44      | 8h 48m     | 16:33                   | 39m        | 17:12 | 40m        | 17:53 | 39m        | 18:32    | 15h 13m                    | 11h 13m    |    |            |    | Do, 16. Nov |
| Fr, 17. Nov |          | 19:24–05:47*               | 10h 23m    | M <sub>7</sub> bis AN <sub>-</sub>  |      | 12:40      | 19:24      | 05:46                      | 39m        | 06:26 | 40m        | 07:06 | 39m        | 07:46      | 8h 45m     | 16:31                   | 39m        | 17:11 | 40m        | 17:51 | 39m        | 18:31    | 15h 16m                    | 11h 16m    |    |            |    | Fr, 17. Nov |
| Sa, 18. Nov |          | 20:49–05:49*               | 9h 00m     | M <sub>7</sub> bis AN <sub>-</sub>  |      | 13:18      | 20:49      | 05:47                      | 39m        | 06:27 | 40m        | 07:08 | 40m        | 07:48      | 8h 42m     | 16:30                   | 40m        | 17:10 | 40m        | 17:50 | 39m        | 18:30    | 15h 19m                    | 11h 18m    |    |            |    | Sa, 18. Nov |
| So, 19. Nov |          | 22:18–05:50*               | 7h 32m     | M <sub>7</sub> bis AN <sub>-</sub>  |      | 13:45      | 22:18      | 05:49                      | 39m        | 06:29 | 40m        | 07:09 | 40m        | 07:49      | 8h 39m     | 16:29                   | 40m        | 17:09 | 40m        | 17:49 | 39m        | 18:29    | 15h 22m                    | 11h 20m    |    |            |    | So, 19. Nov |
| Mo, 20. Nov |          | 23:47–05:51*               | 6h 04m     | M <sub>7</sub> bis AN <sub>-</sub>  | ☾    | 14:03      | 23:47      | 05:50                      | 39m        | 06:30 | 40m        | 07:11 | 40m        | 07:51      | 8h 36m     | 16:27                   | 40m        | 17:08 | 40m        | 17:48 | 39m        | 18:28    | 15h 25m                    | 11h 23m    |    |            |    | Mo, 20. Nov |
| Di, 21. Nov |          | 01:13*–05:53*              | 4h 39m     | M <sub>7</sub> bis AN <sub>-</sub>  |      | 14:18      | —:—        | 05:51                      | 39m        | 06:31 | 40m        | 07:12 | 40m        | 07:53      | 8h 33m     | 16:26                   | 40m        | 17:07 | 40m        | 17:48 | 39m        | 18:27    | 15h 28m                    | 11h 25m    |    |            |    | Di, 21. Nov |
| Mi, 22. Nov |          | 02:39*–05:54*              | 3h 15m     | M <sub>7</sub> bis AN <sub>-</sub>  |      | 14:31      | 01:13      | 05:53                      | 40m        | 06:33 | 40m        | 07:14 | 40m        | 07:54      | 8h 30m     | 16:25                   | 40m        | 17:06 | 40m        | 17:47 | 40m        | 18:27    | 15h 30m                    | 11h 27m    |    |            |    | Mi, 22. Nov |
| Do, 23. Nov |          | 04:04*–05:55*              | 1h 51m     | M <sub>7</sub> bis AN <sub>-</sub>  |      | 14:42      | 02:39      | 05:54                      | 40m        | 06:34 | 41m        | 07:15 | 40m        | 07:56      | 8h 27m     | 16:24                   | 40m        | 17:05 | 41m        | 17:46 | 40m        | 18:26    | 15h 33m                    | 11h 29m    |    |            |    | Do, 23. Nov |
| Fr, 24. Nov |          | 05:30*–05:57*              | 26m        | M <sub>7</sub> bis AN <sub>-</sub>  |      | 14:55      | 04:04      | 05:55                      | 40m        | 06:36 | 41m        | 07:17 | 40m        | 07:58      | 8h 25m     | 16:23                   | 40m        | 17:04 | 41m        | 17:45 | 40m        | 18:25    | 15h 36m                    | 11h 31m    |    |            |    | Fr, 24. Nov |
| Sa, 25. Nov |          | —:~:~:~:~                  | —          | Mond stört                          |      | 15:10      | 05:30      | 05:57                      | 40m        | 06:37 | 41m        | 07:18 | 41m        | 07:59      | 8h 22m     | 16:22                   | 41m        | 17:03 | 41m        | 17:44 | 40m        | 18:24    | 15h 38m                    | 11h 33m    |    |            |    | Sa, 25. Nov |
| So, 26. Nov |          | —:~:~:~:~                  | —          | Mond stört                          |      | 15:29      | 06:57      | 05:58                      | 40m        | 06:38 | 41m        | 07:20 | 41m        | 08:01      | 8h 20m     | 16:21                   | 41m        | 17:02 | 41m        | 17:44 | 40m        | 18:24    | 15h 41m                    | 11h 35m    |    |            |    | So, 26. Nov |
| Mo, 27. Nov |          | —:~:~:~:~                  | —          | Mond stört                          | ○    | 15:55      | 08:24      | 05:59                      | 40m        | 06:40 | 41m        | 07:21 | 41m        | 08:02      | 8h 17m     | 16:20                   | 41m        | 17:02 | 41m        | 17:43 | 40m        | 18:23    | 15h 43m                    | 11h 37m    |    |            |    | Mo, 27. Nov |
| Di, 28. Nov |          | —:~:~:~:~                  | —          | Mond stört                          |      | 16:31      | 09:44      | 06:01                      | 40m        | 06:41 | 41m        | 07:22 | 41m        | 08:04      | 8h 15m     | 16:19                   | 41m        | 17:01 | 41m        | 17:42 | 40m        | 18:23    | 15h 46m                    | 11h 39m    |    |            |    | Di, 28. Nov |
| Mi, 29. Nov |          | —:~:~:~:~                  | —          | Mond stört                          |      | 17:22      | 10:51      | 06:02                      | 40m        | 06:42 | 41m        | 07:24 | 41m        | 08:05      | 8h 13m     | 16:19                   | 41m        | 17:00 | 41m        | 17:42 | 40m        | 18:22    | 15h 48m                    | 11h 40m    |    |            |    | Mi, 29. Nov |
| Do, 30. Nov |          | 18:22–18:25                | 3m         | AN <sub>+</sub> bis M <sub>7</sub>  |      | 18:25      | 11:42      | 06:03                      | 40m        | 06:43 | 41m        | 07:25 | 41m        | 08:07      | 8h 10m     | 16:18                   | 41m        | 17:00 | 41m        | 17:41 | 40m        | 18:22    | 15h 50m                    | 11h 42m    |    |            |    | Do, 30. Nov |
| Fr, 1. Dez  |          | 18:21–19:37                | 1h 16m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | 19:37      | 12:18      | 06:04                      | 40m        | 06:45 | 41m        | 07:26 | 41m        | 08:08      | 8h 08m     | 16:17                   | 41m        | 16:59 | 41m        | 17:41 | 40m        | 18:21    | 15h 52m                    | 11h 44m    |    |            |    | Fr, 1. Dez  |
| Sa, 2. Dez  |          | 18:21–20:52                | 2h 31m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | 20:52      | 12:43      | 06:05                      | 40m        | 06:46 | 41m        | 07:28 | 41m        | 08:10      | 8h 06m     | 16:16                   | 41m        | 16:58 | 41m        | 17:40 | 40m        | 18:21    | 15h 54m                    | 11h 45m    |    |            |    | Sa, 2. Dez  |
| So, 3. Dez  |          | 18:21–22:06                | 3h 45m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | 22:06      | 13:00      | 06:06                      | 40m        | 06:47 | 41m        | 07:29 | 42m        | 08:11      | 8h 04m     | 16:16                   | 42m        | 16:58 | 41m        | 17:40 | 40m        | 18:21    | 15h 56m                    | 11h 46m    |    |            |    | So, 3. Dez  |
| Mo, 4. Dez  |          | 18:20–23:19                | 4h 58m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | 23:19      | 13:14      | 06:07                      | 40m        | 06:48 | 41m        | 07:30 | 42m        | 08:12      | 8h 02m     | 16:15                   | 42m        | 16:58 | 41m        | 17:40 | 40m        | 18:20    | 15h 58m                    | 11h 48m    |    |            |    | Mo, 4. Dez  |
| Di, 5. Dez  |          | 18:20–00:29*               | 6h 09m     | AN <sub>+</sub> bis M <sub>7</sub>  | ☾    | —:—        | 13:25      | 06:09                      | 40m        | 06:49 | 42m        | 07:31 | 42m        | 08:14      | 8h 01m     | 16:15                   | 42m        | 16:57 | 42m        | 17:39 | 40m        | 18:20    | 16h 00m                    | 11h 49m    |    |            |    | Di, 5. Dez  |
| Mi, 6. Dez  |          | 18:20–01:40*               | 7h 19m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | 00:29      | 13:34      | 06:10                      | 40m        | 06:50 | 42m        | 07:33 | 42m        | 08:15      | 7h 59m     | 16:14                   | 42m        | 16:57 | 42m        | 17:39 | 40m        | 18:20    | 16h 01m                    | 11h 50m    |    |            |    | Mi, 6. Dez  |
| Do, 7. Dez  |          | 18:20–02:52*               | 8h 31m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | 01:40      | 13:44      | 06:11                      | 40m        | 06:51 | 42m        | 07:34 | 42m        | 08:16      | 7h 57m     | 16:14                   | 42m        | 16:57 | 42m        | 17:39 | 40m        | 18:20    | 16h 03m                    | 11h 52m    |    |            |    | Do, 7. Dez  |
| Fr, 8. Dez  |          | 18:20–04:06*               | 9h 46m     | AN <sub>+</sub> bis M <sub>7</sub>  |      | 02:52      | 13:54      | 06:12                      | 40m        | 06:52 | 42m        | 07:35 | 42m        | 08:17      | 7h 56m     | 16:14                   | 42m        | 16:56 | 42m        | 17:39 | 40m        | 18:20    | 16h 04m                    | 11h 53m    |    |            |    | Fr, 8. Dez  |
| Sa, 9. Dez  |          | 18:19–05:25*               | 11h 05m    | AN <sub>+</sub> bis M <sub>7</sub>  |      | 04:06      | 14:06      | 06:13                      | 40m        | 06:54 | 42m        |       |            |            |            |                         |            |       |            |       |            |          |                            |            |    |            |    |             |

| 1           | 2        | 3                          | 4          | 5                                   | 6    | 7          | 8          | 9                          | 10         | 11    | 12         | 13    | 14         | 15         | 16         | 17         | 18                      | 19    | 20         | 21    | 22         | 23    | 24         | 25                         | 26 | 27         | 28      | 29          |
|-------------|----------|----------------------------|------------|-------------------------------------|------|------------|------------|----------------------------|------------|-------|------------|-------|------------|------------|------------|------------|-------------------------|-------|------------|-------|------------|-------|------------|----------------------------|----|------------|---------|-------------|
| 2023/24     | Zeitzone | Astr. dunkel und kein Mond |            |                                     | Mond |            |            | Beginn der Morgendämmerung |            |       |            |       | Sonne      |            |            |            | Ende der Abenddämmerung |       |            |       |            | Nacht | Astr. N.   | Naut. dunkel und kein Mond |    |            | 2023/24 |             |
|             |          |                            | $\Delta t$ |                                     | Ph.  | $\nearrow$ | $\searrow$ | Astr.                      | $\Delta t$ | Naut. | $\Delta t$ | Bürg. | $\Delta t$ | $\nearrow$ | $\Delta t$ | $\searrow$ | $\Delta t$              | Bürg. | $\Delta t$ | Naut. | $\Delta t$ | Astr. | $\Delta t$ | $\Delta t$                 |    | $\Delta t$ |         |             |
| So, 17. Dez |          | 21:33–06:20*               | 8h 46m     | M <sub>\</sub> bis AN <sub>\</sub>  |      | 12:09      | 21:33      | 06:19                      | 41m        | 07:00 | 42m        | 07:43 | 43m        | 08:26      | 7h 47m     | 16:14      | 43m                     | 16:57 | 42m        | 17:39 | 41m        | 18:21 | 16h 13m    | 11h 59m                    |    |            |         | So, 17. Dez |
| Mo, 18. Dez |          | 23:01–06:20*               | 7h 19m     | M <sub>\</sub> bis AN <sub>\</sub>  |      | 12:25      | 23:01      | 06:20                      | 41m        | 07:01 | 42m        | 07:44 | 43m        | 08:27      | 7h 46m     | 16:14      | 43m                     | 16:57 | 42m        | 17:40 | 41m        | 18:21 | 16h 13m    | 11h 59m                    |    |            |         | Mo, 18. Dez |
| Di, 19. Dez |          | 00:26*–06:21*              | 5h 54m     | M <sub>\</sub> bis AN <sub>\</sub>  | ☾    | 12:38      | —:—        | 06:20                      | 41m        | 07:02 | 42m        | 07:44 | 43m        | 08:28      | 7h 46m     | 16:14      | 43m                     | 16:57 | 42m        | 17:40 | 41m        | 18:21 | 16h 14m    | 11h 59m                    |    |            |         | Di, 19. Dez |
| Mi, 20. Dez |          | 01:50*–06:22*              | 4h 31m     | M <sub>\</sub> bis AN <sub>\</sub>  |      | 12:50      | 00:26      | 06:21                      | 41m        | 07:02 | 42m        | 07:45 | 43m        | 08:28      | 7h 46m     | 16:15      | 43m                     | 16:58 | 42m        | 17:41 | 41m        | 18:22 | 16h 14m    | 11h 59m                    |    |            |         | Mi, 20. Dez |
| Do, 21. Dez |          | 03:14*–06:22*              | 3h 08m     | M <sub>\</sub> bis AN <sub>\</sub>  |      | 13:02      | 01:50      | 06:22                      | 41m        | 07:03 | 42m        | 07:45 | 43m        | 08:29      | 7h 46m     | 16:15      | 43m                     | 16:58 | 42m        | 17:41 | 41m        | 18:22 | 16h 14m    | 11h 59m                    |    |            |         | Do, 21. Dez |
| Fr, 22. Dez |          | 04:39*–06:23*              | 1h 44m     | M <sub>\</sub> bis AN <sub>\</sub>  |      | 13:16      | 03:14      | 06:22                      | 41m        | 07:03 | 42m        | 07:46 | 43m        | 08:29      | 7h 46m     | 16:16      | 43m                     | 16:59 | 42m        | 17:42 | 41m        | 18:23 | 16h 14m    | 11h 59m                    |    |            |         | Fr, 22. Dez |
| Sa, 23. Dez |          | 06:03*–06:23*              | 19m        | M <sub>\</sub> bis AN <sub>\</sub>  |      | 13:33      | 04:39      | 06:23                      | 41m        | 07:04 | 42m        | 07:46 | 43m        | 08:30      | 7h 46m     | 16:16      | 43m                     | 16:59 | 42m        | 17:42 | 41m        | 18:23 | 16h 14m    | 11h 59m                    |    |            |         | Sa, 23. Dez |
| So, 24. Dez |          | —:—:—:—                    | –          | Mond stört                          |      | 13:55      | 06:03      | 06:23                      | 41m        | 07:04 | 42m        | 07:47 | 43m        | 08:30      | 7h 46m     | 16:17      | 43m                     | 17:00 | 42m        | 17:43 | 41m        | 18:24 | 16h 13m    | 11h 59m                    |    |            |         | So, 24. Dez |
| Mo, 25. Dez |          | —:—:—:—                    | –          | Mond stört                          |      | 14:27      | 07:25      | 06:23                      | 41m        | 07:05 | 42m        | 07:47 | 43m        | 08:30      | 7h 46m     | 16:17      | 43m                     | 17:01 | 42m        | 17:43 | 41m        | 18:24 | 16h 13m    | 11h 59m                    |    |            |         | Mo, 25. Dez |
| Di, 26. Dez |          | —:—:—:—                    | –          | Mond stört                          |      | 15:11      | 08:37      | 06:24                      | 41m        | 07:05 | 42m        | 07:48 | 43m        | 08:31      | 7h 47m     | 16:18      | 43m                     | 17:01 | 42m        | 17:44 | 41m        | 18:25 | 16h 12m    | 11h 59m                    |    |            |         | Di, 26. Dez |
| Mi, 27. Dez |          | —:—:—:—                    | –          | Mond stört                          | ☉    | 16:10      | 09:34      | 06:24                      | 41m        | 07:05 | 42m        | 07:48 | 43m        | 08:31      | 7h 47m     | 16:19      | 43m                     | 17:02 | 42m        | 17:45 | 41m        | 18:26 | 16h 12m    | 11h 58m                    |    |            |         | Mi, 27. Dez |
| Do, 28. Dez |          | —:—:~:~                    | –          | Mond stört                          |      | 17:19      | 10:15      | 06:24                      | 41m        | 07:05 | 42m        | 07:48 | 43m        | 08:31      | 7h 48m     | 16:20      | 43m                     | 17:03 | 42m        | 17:45 | 41m        | 18:26 | 16h 11m    | 11h 58m                    |    |            |         | Do, 28. Dez |
| Fr, 29. Dez |          | 18:27–18:34                | 6m         | AN <sub>+</sub> bis M <sub>+</sub>  |      | 18:34      | 10:44      | 06:25                      | 41m        | 07:06 | 42m        | 07:48 | 43m        | 08:31      | 7h 49m     | 16:20      | 43m                     | 17:04 | 42m        | 17:46 | 41m        | 18:27 | 16h 10m    | 11h 57m                    |    |            |         | Fr, 29. Dez |
| Sa, 30. Dez |          | 18:28–19:49                | 1h 21m     | AN <sub>+</sub> bis M <sub>+</sub>  |      | 19:49      | 11:04      | 06:25                      | 41m        | 07:06 | 42m        | 07:48 | 43m        | 08:31      | 7h 50m     | 16:21      | 43m                     | 17:04 | 42m        | 17:47 | 41m        | 18:28 | 16h 09m    | 11h 56m                    |    |            |         | Sa, 30. Dez |
| So, 31. Dez |          | 18:29–21:02                | 2h 33m     | AN <sub>+</sub> bis M <sub>+</sub>  |      | 21:02      | 11:19      | 06:25                      | 41m        | 07:06 | 42m        | 07:48 | 42m        | 08:31      | 7h 51m     | 16:22      | 42m                     | 17:05 | 42m        | 17:48 | 41m        | 18:29 | 16h 08m    | 11h 56m                    |    |            |         | So, 31. Dez |
| Mo, 1. Jan  |          | 18:30–22:13                | 3h 43m     | AN <sub>+</sub> bis M <sub>+</sub>  |      | 22:13      | 11:31      | 06:25                      | 40m        | 07:06 | 42m        | 07:48 | 42m        | 08:31      | 7h 52m     | 16:23      | 42m                     | 17:06 | 42m        | 17:49 | 40m        | 18:30 | 16h 07m    | 11h 55m                    |    |            |         | Mo, 1. Jan  |
| Di, 2. Jan  |          | 18:31–23:23                | 4h 52m     | AN <sub>+</sub> bis M <sub>+</sub>  |      | 23:23      | 11:41      | 06:25                      | 40m        | 07:06 | 42m        | 07:48 | 42m        | 08:31      | 7h 53m     | 16:24      | 42m                     | 17:07 | 42m        | 17:50 | 40m        | 18:31 | 16h 06m    | 11h 54m                    |    |            |         | Di, 2. Jan  |
| Mi, 3. Jan  |          | 18:32–00:34*               | 6h 01m     | AN <sub>+</sub> bis M <sub>+</sub>  |      | —:—        | 11:50      | 06:25                      | 40m        | 07:06 | 42m        | 07:48 | 42m        | 08:31      | 7h 54m     | 16:26      | 42m                     | 17:08 | 42m        | 17:51 | 40m        | 18:32 | 16h 05m    | 11h 53m                    |    |            |         | Mi, 3. Jan  |
| Do, 4. Jan  |          | 18:33–01:46*               | 7h 12m     | AN <sub>+</sub> bis M <sub>+</sub>  | ☾    | 00:34      | 12:00      | 06:25                      | 40m        | 07:06 | 42m        | 07:48 | 42m        | 08:31      | 7h 55m     | 16:27      | 42m                     | 17:09 | 42m        | 17:52 | 40m        | 18:33 | 16h 03m    | 11h 52m                    |    |            |         | Do, 4. Jan  |
| Fr, 5. Jan  |          | 18:34–03:01*               | 8h 27m     | AN <sub>+</sub> bis M <sub>+</sub>  |      | 01:46      | 12:11      | 06:25                      | 40m        | 07:06 | 42m        | 07:48 | 42m        | 08:31      | 7h 57m     | 16:28      | 42m                     | 17:11 | 42m        | 17:53 | 40m        | 18:34 | 16h 02m    | 11h 51m                    |    |            |         | Fr, 5. Jan  |
| Sa, 6. Jan  |          | 18:35–04:20*               | 9h 45m     | AN <sub>+</sub> bis M <sub>+</sub>  |      | 03:01      | 12:24      | 06:25                      | 40m        | 07:06 | 42m        | 07:48 | 42m        | 08:30      | 7h 58m     | 16:29      | 42m                     | 17:12 | 42m        | 17:54 | 40m        | 18:35 | 16h 00m    | 11h 50m                    |    |            |         | Sa, 6. Jan  |
| So, 7. Jan  |          | 18:36–05:43*               | 11h 07m    | AN <sub>+</sub> bis M <sub>+</sub>  |      | 04:20      | 12:42      | 06:25                      | 40m        | 07:05 | 42m        | 07:47 | 42m        | 08:30      | 8h 00m     | 16:30      | 42m                     | 17:13 | 42m        | 17:55 | 40m        | 18:36 | 15h 58m    | 11h 48m                    |    |            |         | So, 7. Jan  |
| Mo, 8. Jan  |          | 18:37–06:24*               | 11h 47m    | AN <sub>+</sub> bis AN <sub>\</sub> |      | 05:43      | 13:08      | 06:24                      | 40m        | 07:05 | 42m        | 07:47 | 42m        | 08:29      | 8h 02m     | 16:32      | 42m                     | 17:14 | 42m        | 17:56 | 40m        | 18:37 | 15h 57m    | 11h 47m                    |    |            |         | Mo, 8. Jan  |
| Di, 9. Jan  |          | 18:38–06:24*               | 11h 45m    | AN <sub>+</sub> bis AN <sub>\</sub> |      | 07:04      | 13:47      | 06:24                      | 40m        | 07:05 | 41m        | 07:47 | 42m        | 08:29      | 8h 04m     | 16:33      | 42m                     | 17:15 | 41m        | 17:57 | 40m        | 18:38 | 15h 55m    | 11h 45m                    |    |            |         | Di, 9. Jan  |
| Mi, 10. Jan |          | 18:39–06:24*               | 11h 44m    | AN <sub>+</sub> bis AN <sub>\</sub> |      | 08:16      | 14:46      | 06:24                      | 40m        | 07:04 | 41m        | 07:46 | 42m        | 08:28      | 8h 06m     | 16:35      | 42m                     | 17:17 | 41m        | 17:58 | 40m        | 18:39 | 15h 53m    | 11h 44m                    |    |            |         | Mi, 10. Jan |
| Do, 11. Jan |          | 18:40–06:23*               | 11h 42m    | AN <sub>+</sub> bis AN <sub>\</sub> | ☉    | 09:10      | 16:04      | 06:24                      | 40m        | 07:04 | 41m        | 07:46 | 41m        | 08:28      | 8h 08m     | 16:36      | 41m                     | 17:18 | 41m        | 18:00 | 40m        | 18:40 | 15h 51m    | 11h 42m                    |    |            |         | Do, 11. Jan |
| Fr, 12. Jan |          | 18:41–06:23*               | 11h 41m    | AN <sub>+</sub> bis AN <sub>\</sub> |      | 09:47      | 17:36      | 06:23                      | 40m        | 07:04 | 41m        | 07:45 | 41m        | 08:27      | 8h 10m     | 16:37      | 41m                     | 17:19 | 41m        | 18:01 | 40m        | 18:41 | 15h 48m    | 11h 41m                    |    |            |         | Fr, 12. Jan |
| Sa, 13. Jan |          | 19:10–06:22*               | 11h 11m    | M <sub>\</sub> bis AN <sub>\</sub>  |      | 10:12      | 19:10      | 06:23                      | 40m        | 07:03 | 41m        | 07:45 | 41m        | 08:26      | 8h 12m     | 16:39      | 41m                     | 17:21 | 41m        | 18:02 | 40m        | 18:43 | 15h 46m    | 11h 39m                    |    |            |         | Sa, 13. Jan |
| So, 14. Jan |          | 20:43–06:22*               | 9h 38m     | M <sub>\</sub> bis AN <sub>\</sub>  |      | 10:31      | 20:43      | 06:22                      | 40m        | 07:03 | 41m        | 07:44 | 41m        | 08:26      | 8h 14m     | 16:40      | 41m                     | 17:22 | 41m        | 18:03 | 40m        | 18:44 | 15h 44m    | 11h 37m                    |    |            |         | So, 14. Jan |
| Mo, 15. Jan |          | 22:12–06:21*               | 8h 09m     | M <sub>\</sub> bis AN <sub>\</sub>  |      | 10:45      | 22:12      | 06:22                      | 40m        | 07:02 | 41m        | 07:43 | 41m        | 08:25      | 8h 17m     | 16:42      | 41m                     | 17:23 | 41m        | 18:05 | 40m        | 18:45 | 15h 41m    | 11h 35m                    |    |            |         | Mo, 15. Jan |
| Di, 16. Jan |          | 23:38–06:21*               | 6h 42m     | M <sub>\</sub> bis AN <sub>\</sub>  |      | 10:57      | 23:38      | 06:21                      | 40m        | 07:01 | 41m        | 07:43 | 41m        | 08:24      | 8h 19m     | 16:44      | 41m                     | 17:25 | 41m        | 18:06 | 40m        | 18:46 | 15h 39m    | 11h 34m                    |    |            |         | Di, 16. Jan |
| Mi, 17. Jan |          | 01:02*–06:20*              | 5h 17m     | M <sub>\</sub> bis AN <sub>\</sub>  |      | 11:09      | —:—        | 06:21                      | 40m        | 07:01 | 41m        | 07:42 | 41m        | 08:23      | 8h 22m     | 16:45      | 41m                     | 17:26 | 41m        | 18:08 | 40m        | 18:48 | 15h 36m    | 11h 32m                    |    |            |         | Mi, 17. Jan |
| Do, 18. Jan |          | 02:27*–06:19*              | 3h 52m     | M <sub>\</sub> bis AN <sub>\</sub>  | ☾    | 11:22      | 01:02      | 06:20                      | 40m        | 07:00 | 41m        | 07:41 | 40m        | 08:22      | 8h 24m     | 16:47      | 40m                     | 17:28 | 41m        | 18:09 | 40m        | 18:49 | 15h 34m    | 11h 30m                    |    |            |         | Do, 18. Jan |
| Fr, 19. Jan |          | 03:51*–06:18*              | 2h 27m     | M <sub>\</sub> bis AN <sub>\</sub>  |      | 11:38      | 02:27      | 06:19                      | 40m        | 06:59 | 41m        | 07:40 | 40m        | 08:21      | 8h 27m     | 16:48      | 40m                     | 17:29 | 41m        | 18:10 | 40m        | 18:50 | 15h 31m    | 11h 27m                    |    |            |         | Fr, 19. Jan |
| Sa, 20. Jan |          | 05:13*–06:18*              | 1h 04m     | M <sub>\</sub> bis AN <sub>\</sub>  |      | 11:58      | 03:51      | 06:18                      | 40m        | 06:58 | 40m        | 07:39 | 40m        | 08:20      | 8h 30m     | 16:50      | 40m                     | 17:31 | 40m        | 18:12 | 40m        | 18:52 | 15h 28m    | 11h 25m                    |    |            |         | Sa, 20. Jan |
| So, 21. Jan |          | —:~:~:~                    | –          | Mond stört                          |      | 12:26      | 05:13      | 06:18                      | 39m        | 06:58 | 40m        | 07:38 | 40m        | 08:19      | 8h 32m     | 16:52      | 40m                     | 17:32 | 40m        | 18:13 | 40m        | 18:53 | 15h 25m    | 11h 23m                    |    |            |         | So, 21. Jan |
| Mo, 22. Jan |          | —:~:~:~                    | –          | Mond stört                          |      | 13:06      | 06:27      | 06:17                      | 39m        | 06:57 | 40m        | 07:37 | 40m        | 08:18      | 8h 35m     | 16:54      | 40m                     | 17:34 | 40m        | 18:15 | 39m        | 18:55 | 15h 23m    | 11h 21m                    |    |            |         | Mo, 22. Jan |
| Di, 23. Jan |          | —:~:~:~                    | –          | Mond stört                          |      | 13:59      | 07:28      | 06:16                      | 39m        | 06:56 | 40m        | 07:36 | 40m        | 08:17      | 8h 38m     | 16:55      | 40m                     | 17:35 | 40m        | 18:16 | 39m        | 18:56 | 15h 20m    | 11h 18m                    |    |            |         | Di, 23. Jan |
| Mi, 24. Jan |          | —:~:~:~                    | –          | Mond stört                          |      | 15:05      | 08:14      | 06:15                      | 39m        | 06:55 | 40m        | 07:35 | 40m        | 08:15      | 8h 41m     | 16:57      | 40m                     | 17:37 | 40m        | 18:18 | 39m        | 18:57 | 15h 17m    | 11h 16m                    |    |            |         | Mi, 24. Jan |
| Do, 25. Jan |          | —:~:~:~                    | –          | Mond stört                          | ☉    | 16:18      | 08:46      | 06:14                      | 39m        | 06:54 | 40m        | 07:34 | 39m        | 08:14      | 8h 44m     | 16:59      | 39m                     | 17:39 | 40m        | 18:19 | 39m        | 18:59 | 15h 14m    | 11h 14m                    |    |            |         | Do, 25. Jan |
| Fr, 26. Jan |          | —:~:~:~                    | –          | Mond stört                          |      | 17:34      | 09:09      | 06:13                      | 39m        | 06:53 | 40m        | 07:33 | 39m        | 08:13      | 8h 47m     | 17:01      | 39m                     | 17:40 | 40m        | 18:21 | 39m        | 19:00 | 15h 10m    | 11h 11m                    |    |            |         | Fr, 26. Jan |
| Sa, 27. Jan |          | —:~:~:~                    | –          | Mond stört                          |      | 18:48      | 09:25      | 06:12                      | 39m        | 06:52 | 40m        | 07:32 | 39m        | 08:11      | 8h 50m     | 17:02      | 39m                     | 17:42 | 40m        | 18:22 | 39m        | 19:02 | 15h 07m    | 11h 08m                    |    |            |         | Sa, 27. Jan |
| So, 28. Jan |          | 19:03–20:00                | 56m        | AN <sub>+</sub> bis M <sub>+</sub>  |      | 20:00      | 09:38      | 06:11                      | 39m        | 06:50 | 40m        | 07:31 | 39m        | 08:10      | 8h 54m     | 17:04      | 39m                     | 17:4  |            |       |            |       |            |                            |    |            |         |             |